Update in Inflammatory Bowel Disease

PRESENTED BY The Digestive Disease Institute at Virginia Mason

Friday, March 18, 2016
Virginia Mason • Seattle, Washington
Faculty

**COURSE DIRECTORS:**

**Michael Chiorean, MD**  
Program Director, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

**James Lord, MD, PhD**  
Gastroenterologist, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

**KEYNOTE SPEAKER:**

**Miguel Regueiro, MD, AGAF, FACG, FACP**  
Professor of Medicine and Professor, Clinical and Translational Science  
University of Pittsburgh School of Medicine  
Senior Medical Lead of Specialty Medical Homes  
University of Pittsburgh Medical Center  
Pittsburgh, Penn.

**FACULTY:**

**Elisa Boden, MD**  
Gastroenterologist, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

**Anjali S. Kumar, MD, MPH, FACS, FASCRS**  
Surgeon, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

**Shirley C. Paski, MD**  
Gastroenterologist  
Puget Sound VA Medical Center, Seattle, Wash.

**Eva Szigethy, MD, PhD**  
Associate Professor of Psychiatry, Pediatrics, and Medicine  
University of Pittsburgh School of Medicine  
Director, Visceral Inflammation and Pain Center  
Division of Gastroenterology  
University of Pittsburgh Medical Center  
Pittsburgh, Penn.

**Timothy L. Zisman MD, MPH**  
Associate Professor of Medicine  
Inflammatory Bowel Disease Program  
Division of Gastroenterology  
University of Washington Medical Center, Seattle, Wash.
Update in Inflammatory Bowel Disease

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This Update in Inflammatory Bowel Disease course will review new and forthcoming medical and surgical therapeutic approaches in IBD and its associated manifestations, as well as current standards of practice in IBD management. The course will explore optimization of medical therapy in patients including immunomodulator, biologic and combination therapy. It will also cover novel diagnostic tests and their impact in the management of IBD patients. Topics will also include surgical aspects and pain management for patients with Crohn’s disease and ulcerative colitis, and reconciling benefits and side-effects of therapy.

Teaching methods include lecture, case presentation and question-and-answer sessions with faculty.

TARGET AUDIENCE:
This course is appropriate for physicians in internal medicine, gastroenterology and general surgery. This course is also appropriate for residents and advanced practice providers with an interest in inflammatory bowel disease.

OBJECTIVES:
At the conclusion of this activity, participants should be able to:

• Review treatment strategies for outpatient management of high-risk patients
• Summarize the evidence on the comparative effectiveness of chromoendoscopy vs. WLE in IBD
• Assess the merit of different techniques for colorectal neoplasia surveillance
• Discuss the impact of pain in IBD management and outcomes
• Summarize data on efficacy and safety of new biologics
• Summarize data on efficacy and safety of new small molecule immunomodulators in IBD
• Describe nutritional interventions in IBD and recognize risks and pitfalls of nutritional therapy
• Summarize surgical options for IBD and recognize complications from IBD surgery
• Cite the significance of the concept of treat to target
• Summarize medical and surgical options for the patient hospitalized with severe IBD
• Summarize common causes of disease refractoriness and review options for the patient with refractory IBD

Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Agenda

7:00 a.m.  Registration opens, breakfast selection available

7:30 a.m.  GRAND ROUNDS PRESENTATION:
An IBD Medical Home: Are We Ready for this New Healthcare Model?
Miguel Regueiro, MD

8:00 a.m.  Break

8:45 a.m.  Introduction, Overview of Course Objectives  |  Michael Chiorean, MD

8:50 a.m.  Debate: Chromoendoscopy Should Be Used for Surveillance in IBD
Timothy Zisman, MD

9:15 a.m.  Debate: Chromoendoscopy Should Not Be Used for IBD Surveillance
Elisa Boden, MD

9:40 a.m.  A Pain in the Gut: Systematic Approaches to Chronic Pain in the Context of an Inflammatory Disease  |  Eva Szigethy, MD, PhD

10:05 a.m.  Question and Answer Session  |  Faculty

10:15 a.m.  Break

10:30 a.m.  New Biologic Drugs in the Pipeline  |  James Lord, MD, PhD

10:50 a.m.  New Small Molecules in the Pipeline  |  Michael Chiorean, MD

11:10 a.m.  Functional Foods and Alternative Therapies for IBD  |  Shirley Paski, MD

11:35 a.m.  Open versus Laparoscopic Total Proctocolectomy: Beyond Cosmesis
Anjali Kumar, MD

12:00 p.m.  Question and Answer Session  |  Faculty

12:15 p.m.  Lunch (provided)

1:00 p.m.  Drug Optimization, Monitoring and Treat to Target in IBD
James Lord, MD, PhD

1:30 p.m.  The Patient Hospitalized With Severe IBD  |  Michael Chiorean, MD

2:00 p.m.  The Patient Presenting for a Tertiary Opinion  |  Elisa Boden, MD

2:30 p.m.  Question and Answer Session  |  Faculty

3:00 p.m.  Adjourn

Location: The course will be held at Virginia Mason Hospital and Seattle Medical Center in the Volney Richmond Auditorium in Lindeman Pavilion, Level One, 1201 Terry Avenue (between Seneca and University Streets) in Seattle, Washington. For further information, please contact the CME Department at (206) 341-0142 or e-mail cme@virginiamason.org.

If you are a person with a disability or dietary restriction, please e-mail or call the office so we may assist in accommodating your needs.
To register, complete the form below and send via:

MAIL:  
Virginia Mason CME Dept.  
1100 Ninth Ave., D3-CME  
Seattle, WA  98101

PHONE: (206) 341-0142

FAX: (206) 341-1480

E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of $25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

Registration
Update in Inflammatory Bowel Disease  
Friday, March 18, 2016

Please print clearly

NAME  DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE  E-MAIL

Please provide one question for the faculty: __________________________

________________________

☐ I will attend at the Videoconferencing Site in: __________________________

For information, call (206) 341-0142.

☐ Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

PAYMENT:

Tuition: $185.00

☐ Check enclosed. Make check payable to Virginia Mason CME

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CARDHOLDER NAME  SIGNATURE