

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Sleepless in Seattle

Regional Anesthesia and Analgesia 2015

Saturday, August 8 – Sunday, August 9, 2015
Virginia Mason • Seattle, Washington



Faculty

COURSE DIRECTORS:

Joseph M. Neal, MD

Department of Anesthesiology
Virginia Mason, Seattle, Wash.

Francis V. Salinas, MD

Section Head of Orthopedic Anesthesia, Department of Anesthesiology
Virginia Mason, Seattle, Wash.

GUEST FACULTY:

De Q.H. Tran, MD, FRCPC

Associate Professor
Montreal General Hospital, McGill University Health Centre
Montréal, Quebec, Canada

Robert S. Weller, MD

Section Head, Regional Anesthesia and Acute Pain Management
Professor of Anesthesiology, Wake Forest School of Medicine
Winston-Salem, NC

Carol Wiley Cassella, MD

Anesthesiologist and Author
Seattle, Wash.

VIRGINIA MASON EMERITUS ANESTHESIOLOGISTS:

Manbir S. Batra, MD

Emeritus Anesthesiologist

Michael F. Mulroy, MD

Emeritus Anesthesiologist

VIRGINIA MASON DEPARTMENT OF ANESTHESIOLOGY FACULTY:

Robert A. Caplan, MD

Anesthesiologist

R. Eliot Fagley, MD

Anesthesiologist

Robert L. Hsiung, MD

Anesthesiologist

Raymond S. Joseph, MD

Anesthesiologist

Julia E. Pollock, MD

Chief, Department of Anesthesiology

Ryan P. Pong, MD

Associate Program Director
Anesthesiology Residency
Section Head, Neuroanesthesiology

Grete H. Porteous, MD

Anesthesiologist

Wyndam Strodbeck, MD

Head, Section of Pain Medicine

Daniel T. Warren, MD

Deputy Chief, Department of Anesthesiology
Head, Section of Pain Medicine



Accreditation with Commendation:

The Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Sleepless in Seattle

Regional Anesthesia and Analgesia 2015

Sleepless in Seattle – Regional Anesthesia and Analgesia 2015 is a one and a half day course focusing on emerging regional anesthetic techniques that optimize intraoperative management and postoperative patient outcomes. Topics include contemporary perioperative regional anesthetic and analgesic techniques for total knee arthroplasty, Virginia Mason's pathway for esophagectomy, management of acute pain in the chronic pain patient in the operating room, and the medicolegal risks of regional anesthesia. Course content will address prevention, recognition, and treatment of emerging complications occurring in regional anesthesia practice, including opioid-related respiratory depression and neurologic complications. Attendees will be treated to unique perspectives from two Virginia Mason pioneers with experiences spanning four decades in the field of regional anesthesiology, and from a best-selling author and anesthesiologist. Registration includes rotation through four workshops in which the latest regional anesthesia and analgesia techniques will be presented with an opportunity for hands-on practice. Teaching methods include lectures, panel discussions, question and answer with faculty, and hands-on practice.

TARGET AUDIENCE: This course is designed for practicing anesthesiologists and anesthesiology residents and fellows.

OBJECTIVES: At the conclusion of this activity, participants should be able to:

- Critique the efficacy of loss-of-resistance technique
- Summarize the risks of opioid-related respiratory depression
- Summarize and critique the anatomy, approaches and evidence based outcomes for abdominal wall blocks
- Distinguish those pre-existing neurologic conditions that are relevant for selecting a regional anesthetic technique
- Appraise the ASA Closed Claims information on medicolegal risks of regional anesthesia
- Integrate new ASRA practice guidelines on regional anesthesia into practice
- Utilize new regional anesthesia techniques for post-operative pain management
- Integrate monitoring and surveillance techniques to detect early signs of complications
- Distinguish the evolution of learning through the career of an academic anesthesiologist
- Recognize key historic turning points in regional anesthesia over decades and continents
- Create a plan to manage the chronic pain patient coming to your operating room
- Select those constructs that ensure the success of an ambulatory perineural catheter service
- Summarize the essential elements of VM's world-recognized outcomes and pathways for esophagectomy
- Summarize and critique the anatomy, approaches and evidence based outcomes of regional anesthetic techniques for TKA
- Review the key prevention, recognition, and treatment elements of LAST

Credit Designation: The Virginia Mason Medical Center designates this live activity for a maximum of **10.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Location: The course will be held at Virginia Mason Medical Center in the Volney Richmond Auditorium in Lindeman Pavilion, Level One, 1201 Terry Avenue (between Seneca and University Streets) in Seattle, Washington. For further information, please contact the CME Department at (206) 341-0142 or e-mail cme@virginiamason.org.

Accommodations: For information on conference rates at neighboring hotels, see the *Lodging and Travel* section on the details page for this course at VirginiaMasonCME.org or contact the CME department.

Saturday, August 8, 2015

- 7:15 a.m. *Registration, continental breakfast*
- 7:55 a.m. **Welcome and Opening Remarks** | Julia Pollock, MD
- 8:00 a.m. **Loss of Resistance: The Greatest Dogma in Regional Anesthesia**
De Tran, MD
- 8:45 a.m. **Surveillance Monitoring for Detecting Opioid-Related Respiratory Depression – The Next Step in the Safety of Acute Pain Management?**
Robert Weller, MD
- 9:30 a.m. **Panel Discussion** | De Tran, MD and Robert Weller, MD
- 9:45 a.m. *Break*
- 10:15 a.m. **Anatomy, Approaches and Evidence Basis for Abdominal Wall Blocks**
Francis Salinas, MD
- 10:45 a.m. **Neurologic Complications Associated with Regional Anesthesia**
Joseph Neal, MD
- 11:15 a.m. **The Medicolegal Side of Regional Anesthesia – Lessons Learned at Virginia Mason and the ASA Closed Claims Analysis** | Robert Caplan, MD
- 11:45 a.m. **Panel Discussion**
- 12:00 p.m. *Lunch (provided)*
- 12:45 p.m. **Workshops: Attendees will rotate through all workshops in 30 minute intervals**
- **Femoral/Adductor/Saphenous Workshop** | Julia Pollock, MD and Wyndam Strodbeck, MD
 - **Popliteal / Subgluteal Sciatic Workshop** | Raymond Joseph, MD and Ryan Pong, MD
 - **Truncal Workshop** | Robert Hsiung, MD and Daniel Warren, MD
 - **Paravertebral Workshop** | Eliot Fagley, MD and Grete Porteous, MD
- 2:45 p.m. *Break*
- 3:00 p.m. **Lifetime Learning: Mine and Yours** | Michael Mulroy, MD
- 3:30 p.m. **Where the Needle Goes... A Retrospective** | Manbir Batra, MD
- 4:00 p.m. **Panel Discussion** | Manbir Batra, MD and Michael Mulroy, MD
- 4:30 p.m. *Adjourn*
- Social event at The Inn at Virginia Mason – Reception honoring Dr. Manbir Batra and Dr. Michael Mulroy*

Sunday, August 9, 2015

- 7:15 a.m. *Registration, continental breakfast*
- 8:00 a.m. **The Acute-on-Chronic Pain Patient** | Daniel Warren, MD
- 8:30 a.m. **Ambulatory Perineural Catheter Service** | Raymond Joseph, MD
- 9:00 a.m. **From Mason House to Publishing House** | Carol Wiley Cassella, MD
- 9:30 a.m. **Panel Discussion**
- 9:45 a.m. *Break*
- 10:00 a.m. **Esophagectomy Practice Pathway** | Grete Porteous, MD
- 10:20 a.m. **Evidence-Based Anatomy, Approaches, and Outcomes for Adductor Canal Block for Total Knee Arthroplasty** | Francis Salinas, MD
- 10:40 a.m. **Local Anesthetic Systemic Toxicity** | Joseph Neal, MD
- 11:00 a.m. **Panel Discussion**
- 11:15 a.m. *Adjourn*

To register, complete the form below and send via:



MAIL:
Virginia Mason CME Dept.
1100 9th Ave, D3-CME
Seattle, WA 98101



PHONE: (206) 341-0142



FAX: (206) 341-1480



E-MAIL: cme@virginiamason.org
WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

Registration
Sleepless in Seattle:
Regional Anesthesia and Analgesia 2015
Saturday, August 8–Saturday, August 9, 2015



Please print clearly

NAME		LAST 4 DIGITS OF SSN (OR VMCM ID)
DEGREE/CREDENTIALS	SPECIALTY	
ORGANIZATION		
ADDRESS		
CITY/STATE/ZIP		
PHONE	E-MAIL	

Please provide one question for the faculty: _____

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

PAYMENT:

Tuition: Physician \$295.00 Resident/Fellow \$150.00
 Check enclosed. Make check payable to Virginia Mason CME
 Please charge my: VISA MasterCard American Express Discover

CARD NUMBER	EXPIRATION DATE
CARDHOLDER NAME	SIGNATURE

If you are a person with a disability or dietary restriction, please e-mail or call the office so we may assist in accommodating your needs.