

BRITTANY RIOS, BSN, RN

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EDUCATION

NORTHERN ILLINOIS UNIVERSITY, DeKalb, IL
Master of Science, Nursing Education, January 2018-

NORTHERN ILLINOIS UNIVERSITY, DeKalb, IL
Bachelor of Science, Nursing, May 2017; Spanish Minor

WORK HISTORY

VIRGINIA MASON MEDICAL CENTER

Seattle, WA

Registered Nurse

August 2017 – current

- Routine assessment and development of individualized plans of care for up to 5 clients per shift
- Collaboration on plans of care and communication of changes in client status with members of the healthcare team, including MDs, PT/OT, social work, chaplains, and nurse managers, including activation of and participation in code protocols Rapid Response, Code Blue, and Sepsis Power Hour.
- Safe administration of medications as scheduled and as indicated by client status
- Advocate for client needs and support for return to baseline activity and independence after surgical procedures
- Preceptor to undergraduate nursing students and new graduate nurses, including assessment of baseline knowledge and skills level, provision of education and hands-on training for new and unfamiliar procedures and protocols, provision of constructive feedback and routine follow-up to assess comprehension of new knowledge, and verification of safe medication administration
- Charge nurse duties including evaluation and assignment of post-operative patients, transfers from outside hospitals, and emergency room admits; support and resource for floor nurses; management of unit protocols and staffing grid

DEKALB COUNTY REHAB & NURSING CENTER

DeKalb, IL

Certified Nurse Assistant

August 2016 – June 2017

- Provided safe, therapeutic, evidence-based and patient-centered care for up to 26 residents.
- Fostered strong working relationships with coworkers based on prompt and thorough communication regarding patients' care.
- Promoted facility mission to maintain resident independence and functionality by encouragement and support of active participation in activities of daily living.

MCDONALDS CORPORATION

Sycamore, IL

Floor Supervisor (Previous: Department Manager)

June 2008 – July 2017

- Managed up to 30 crew at one time.
- Upheld store and corporate values of quality, safety, and service.

LEADERSHIP & ENGAGEMENT

- Presenter, Advances in Gastroenterology & Hepatology (*Sept. 2019*)
- Medical Mission Trip, Chiapas region, Mexico (*2017, 2019*)
- Board of Directors, King County Nurses Association (*elected 2019*)
- Peer Educator/Presenter for annual required skills lab, Virginia Mason Medical Center (*2018*)
- Pain Management Task Force, RN Representative, Virginia Mason Medical Center (*2017-present*)
- Active memberships: Sigma Theta Tau International, American Society for Pain Management Nursing, Academy of Medical-Surgical Nurses, Washington State Nurses Association, King County Nurses Association, American Nurses Association