

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# The 6th Virginia Mason Update in Inflammatory Bowel Disease

PRESENTED BY The Digestive Disease Institute at Virginia Mason

**Friday, March 30, 2018**

Virginia Mason • Seattle, Washington



Virginia Mason™

## Faculty

### COURSE DIRECTORS:

#### **Michael Chiorean, MD**

Program Director, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason  
Seattle, Wash.

#### **James Lord, MD, PhD**

Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason  
Seattle, Wash.

### KEYNOTE SPEAKER:

#### **David T. Rubin, MD**

Joseph B. Kirsner Professor of Medicine  
Section Chief, Gastroenterology, Hepatology and Nutrition  
Co-Director, Digestive Diseases Center  
The University of Chicago Medicine  
Chicago, Ill.

### FACULTY:

#### **Elisa Boden, MD**

Division of Gastroenterology, Virginia Mason  
Affiliate Investigator, Benaroya Research Institute  
Seattle, Wash.

#### **Jason W. Harper, MD**

Director, Inflammatory Bowel Disease Program, Harborview Medical Center  
Clinical Assistant Professor, University of Washington Medicine  
Seattle, Wash.

#### **Anjali S. Kumar, MD, MPH, FACS, FASCRS**

Director, Colon and Rectal Surgery Program  
Division of General Surgery, Virginia Mason  
Seattle, Wash.

#### **Betty White, MN, ARNP**

Digestive Health Specialists  
Tacoma, Wash.

#### **Timothy Zisman, MD, MPH**

Associate Professor of Medicine  
Inflammatory Bowel Disease Program  
Division of Gastroenterology  
University of Washington Medical Center  
Seattle, Wash.

# The 6th Virginia Mason Update in Inflammatory Bowel Disease

PRESENTED BY The Digestive Disease Institute at Virginia Mason

**T**his 6th Update in Inflammatory Bowel Disease course will review new and forthcoming medical and surgical therapeutic approaches in IBD and its associated manifestations, as well as current standards of practice in IBD management. The course will explore optimization of medical therapy in patients including immunomodulator, biologic, and combination therapy. It will also cover novel therapies including the advent of biosimilar drugs and their impact in the management of IBD patients. Topics include surgical aspects, neoplasia detection and management in patients with Crohn's disease and ulcerative colitis, including some controversial aspects of current practice.

Teaching methods include lecture, case presentation and question-and-answer sessions with faculty.

**TARGET AUDIENCE:** This course is appropriate for physicians in internal medicine, gastroenterology, general surgery, immunology, radiology or hospital medicine. This course is also appropriate for residents, advanced practice providers and nurses with an interest in inflammatory bowel disease.

## OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Review current guidelines for the management of ulcerative colitis
- Summarize the evidence on current biologic drugs in IBD
- Review treatment approaches using immunomodulators
- Discuss the evidence on the efficacy and safety of biologic monotherapy in IBD
- Review the evidence on the efficacy and safety of combination therapy in IBD
- Plan targets of medical therapy in IBD and specify how to achieve and adjust them
- Relate the evidence on the efficacy and safety of dietary modification and diet therapy in IBD
- Assess different approaches to IBD complications
- Apply current algorithms in the management of Crohn's disease
- Summarize the steps to undertake to develop an IBD center in private practice
- Detect complications that can develop after colectomy for ulcerative colitis
- Discuss surgical approaches for perianal Crohn's disease



**Accreditation with Commendation:** The Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

**Credit Designation:** The Virginia Mason Medical Center designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount

## Agenda

- 7:00 a.m.** Registration opens, breakfast selection available
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION:**  
**The Evolution and Emergence of Ulcerative Colitis: Treating a Global Problem One Patient at a Time** | David Rubin, MD
- 8:30 a.m.** Break
- 8:45 a.m.** **Introduction, Overview of Course Objectives** | Michael Chiorean, MD
- 8:50 a.m.** **Positioning Current Biologics in IBD Therapy** | Elisa Boden, MD
- 9:15 a.m.** **Positioning Current and Future Immunomodulators in IBD Therapy**  
James Lord, MD, PhD
- 9:45 a.m.** **Debate: Biologics Should Be Used as Monotherapy**  
James Lord, MD, PhD
- 10:10 a.m.** **Debate: Combination Therapy Is the Way to Go** | Michael Chiorean, MD
- 10:30 a.m.** **Q & A with Faculty**
- 10:40 a.m.** Break
- 11:00 a.m.** **Treat to Target and Treatment Optimization in IBD**  
Michael Chiorean, MD
- 11:30 a.m.** **Is Dietary Treatment Effective in IBD?** | Tim Zisman, MD
- 12:00 p.m.** Lunch (provided)
- 1:00 p.m.** **Case Presentations: Chromoendoscopy**  
Panel: Elisa Boden, MD; Michael Chiorean, MD; James Harper, MD; James Lord, MD, PhD and Tim Zisman, MD
- 1:15 p.m.** **Clinical Trials at Virginia Mason** | Michael Chiorean, MD
- 1:30 p.m.** **State of the Art Management of Crohn's Disease** | Elisa Boden, MD
- 1:55 p.m.** **Developing an IBD Center in Private Practice** | Betty White, ARNP
- 2:20 p.m.** **Q & A with Faculty**
- 2:25 p.m.** **Management of Pouch Complications** | Jason Harper, MD
- 2:55 p.m.** **Perianal Disease: Surgical Approaches** | Anjali Kumar, MD
- 3:30 p.m.** **Final Q&A, Closing Remarks**
- 3:45 p.m.** Adjourn

of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Virginia Mason Medical Center is a provider of nursing continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider #CEP15905 for 6.5 Contact Hours March 30, 2018.

**Location:** The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at (206) 341-0142 or email [cme@virginiamason.org](mailto:cme@virginiamason.org).

To register, complete the form below and send via:



**MAIL:**

Virginia Mason CME Dept.  
1100 Ninth Ave., D3-CME  
Seattle, WA 98101



**PHONE:** (206) 341-0142



**FAX:** (206) 341-1480



**E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)

**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

## Registration

### The 6th Virginia Mason Update in Inflammatory Bowel Disease

Friday, March 30, 2018



Please print clearly

NAME \_\_\_\_\_ DEGREE/CREDENTIALS \_\_\_\_\_

SPECIALTY \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Please provide one question for the faculty: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I will attend at the Videoconferencing Site in: \_\_\_\_\_  
For information, call (206) 341-0142.

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

#### PAYMENT:

**Tuition:** \$195.00

Check enclosed. Make check payable to Virginia Mason CME

Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

CARDHOLDER NAME \_\_\_\_\_ SIGNATURE \_\_\_\_\_