

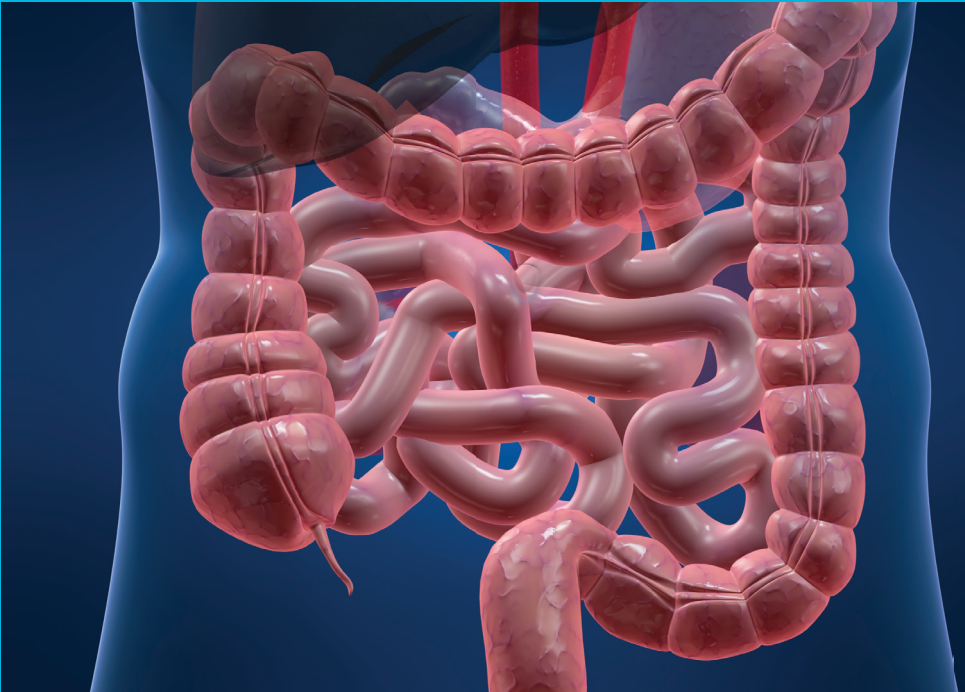
VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# The 5th Virginia Mason Update in Inflammatory Bowel Disease

PRESENTED BY The Digestive Disease Institute at Virginia Mason

Friday, March 24, 2017

Virginia Mason • Seattle, Washington



## Faculty

### COURSE DIRECTORS:

#### **Michael Chiorean, MD**

Program Director, Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

#### **Elisa Boden, MD**

Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.  
Research Assistant, Benaroya Research Institute, Seattle, Wash.

### KEYNOTE SPEAKER:

#### **Uma Mahadevan, MD**

Gastroenterologist  
Professor of Medicine  
Co-Medical Director, UCSF Center for Colitis and Crohn's Disease Center  
University of California, San Francisco

### FACULTY:

#### **David L. Coy, MD, PhD**

Section Head, MRI, Department of Radiology  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

#### **Jeffrey A. Hunter, MD, FACS**

Surgeon and Director, Bariatric Surgery Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

#### **James Lord, MD, PhD**

Inflammatory Bowel Disease Center of Excellence  
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

#### **Ravi Moonka, MD**

Colorectal Surgeon  
Virginia Mason, Seattle, Wash.

#### **Christina Surawicz, MD**

Professor of Medicine, Division of Gastroenterology  
Associate Dean for Faculty Development  
University of Washington School of Medicine, Seattle, Wash.

#### **Fernando Velayos, MD, MPH**

Professor of Medicine  
Co-Medical Director, UCSF Center for Colitis and Crohn's Disease Center  
University of California, San Francisco

#### **Timothy Zisman, MD, MPH**

Associate Professor of Medicine  
Inflammatory Bowel Disease Program  
Division of Gastroenterology  
University of Washington Medical Center, Seattle, Wash.

# The 5th Virginia Mason Update in Inflammatory Bowel Disease

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**T**his course will examine new and forthcoming medical and surgical therapeutic approaches in IBD and its associated manifestations, as well as current standards of practice in IBD management. The course will explore optimization of medical therapy in patients including immunomodulator, biologic, and combination therapy. It will also cover novel therapies including the advent of biosimilar drugs and their impact in the management of IBD patients. Topics also include surgical aspects of IBD care, and neoplasia detection and management, including some controversial issues of current guidelines.

Teaching methods include lecture, case presentation and question-and-answer sessions with faculty.

**TARGET AUDIENCE:** This course is appropriate for physicians in internal medicine, gastro-enterology, general surgery, obstetrics, immunology, radiology or hospital medicine. This course is also appropriate for residents and advanced practice providers with an interest in inflammatory bowel disease.

## OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Review current guidelines for the management of IBD in pregnancy
- Summarize the evidence on biosimilars in IBD
- Discuss the importance of serrated vs. traditional dysplastic lesions in IBD
- Review the evidence on the efficacy and safety of ustekinumab for Crohn's disease
- Discuss the positioning of a drug with a new mechanism of action in the management of Crohn's disease
- Manage drug-induced adverse events in IBD
- Identify IBD therapeutics currently in clinical trials and potential applications
- Summarize the treatment algorithm for initial and recurrent *C. difficile* infection
- Review indications and contraindications of bariatric surgery in IBD
- Increase knowledge of surgical options in IBD and recognize IBD surgical complications
- Identify IBD patients in whom therapy can be de-escalated
- Recognize the merits of standardized reporting and classification of IBD
- Utilize the information gained from radiological findings in the management of IBD patients



**Accreditation with Commendation:** Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit Designation:** Virginia Mason Medical Center designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Agenda

- 7:00 a.m. *Registration opens, breakfast selection available*
- 7:30 a.m. **GRAND ROUNDS PRESENTATION:**  
**What's Good for the Mother is Good for the Baby: Updates on the Management of IBD in Pregnancy** | Uma Mahadevan, MD
- 8:30 a.m. *Break*
- 8:45 a.m. **Introduction, Overview of Course Objectives** | Michael Chiorean, MD
- 8:50 a.m. **Biosimilars in IBD: What is the Buzz About?** | Michael Chiorean, MD
- 9:15 a.m. **If You See It, Take It Out: Updates on Neoplasia Surveillance in IBD**  
Fernando Velayos, MD
- 9:40 a.m. **Debate: Ustekinumab Should Be Used as First Line Therapy for Crohn's Disease** | Tim Zisman, MD
- 10:00 a.m. **Debate: Anti-TNFs and Integrin Blockers Should Be Used as First Line Therapy for Crohn's Disease** | James Lord, MD, PhD
- 10:20 a.m. *Break*
- 10:40 a.m. **Managing Complications of IBD Drugs: Infections, Cancer, Autoimmune Phenomena** | Elisa Boden, MD
- 11:05 a.m. **New Drugs in the Pipeline for IBD** | James Lord, MD, PhD
- 11:30 a.m. **C. Difficile – State of the Art: Poop, Pill or Biologic?** | Christina Surawicz, MD
- 12:00 p.m. *Lunch (provided)*
- 1:00 p.m. **Bariatric Surgery in IBD: Shall We Do It?** | Jeffrey Hunter, MD
- 1:25 p.m. **Laparoscopic and Robotic Surgery in IBD** | Ravi Moonka, MD
- 1:45 p.m. *Break*
- 1:55 p.m. **Case Presentations** | Faculty Panel
- 2:20 p.m. **Can We Stop the Immunosuppressives in IBD?** | Elisa Boden, MD
- 2:50 p.m. **How to Use Endoscopy and Scoring Systems in Practice**  
Michael Chiorean, MD
- 3:15 p.m. **Working with Your Radiologist in IBD: Effective Use of Imaging Tests**  
David Coy, MD, PhD
- 3:40 p.m. **Final Q&A, Closing Remarks**
- 3:45 p.m. *Adjourn*

**Location:** The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two. For information, contact the CME Department at (206) 341-0142 or email [cme@virginiamason.org](mailto:cme@virginiamason.org).

To register, complete the form below and send via:



**MAIL:**

Virginia Mason CME Dept.  
1100 Ninth Ave., D3-CME  
Seattle, WA 98101



**PHONE:** (206) 341-0142



**FAX:** (206) 341-1480



**E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)

**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

## Registration

### The 5th Virginia Mason Update in Inflammatory Bowel Disease

Friday, March 24, 2017



Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: \_\_\_\_\_

I will attend at the Videoconferencing Site in: \_\_\_\_\_

*For information, call (206) 341-0142.*

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

**PAYMENT:**

**Tuition:** \$185.00

Check enclosed. Make check payable to Virginia Mason CME

Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER

EXPIRATION DATE

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SIGNATURE