

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Tackling Challenges in Primary Care

Friday, March 10, 2017

Virginia Mason • Seattle, Washington



Virginia Mason™

Faculty

COURSE DIRECTORS:

Joy B. Bucher, MD

General Internal Medicine
Virginia Mason, Seattle, Wash.

Ananth K. Shenoy, MD

General Internal Medicine
Virginia Mason, Seattle

Paul A. Smith, MD, FACP

General Internal Medicine
Associate Director Internal Medicine Residency Program
Virginia Mason, Seattle, Wash.

GUEST FACULTY:

John K. Amory MD, MPH

Professor of Medicine
Section Head, General Internal Medicine
University of Washington, Seattle, Wash.

VIRGINIA MASON FACULTY:

Elenore P. Bhatraju, MD, MPH

Department of Internal Medicine

Thomas C. Gunby, MD, FACP

Hospitalist

Carrie A. Horwitch MD, MPH, FACP

Key Clinical Faculty Internal Medicine, Virginia Mason
Clinical Associate Professor in Medicine and Public Health
University of Washington

Michael J. Longo, MD, FACC

Section of Cardiology, Department of Medicine
Director, Echocardiography Laboratory

Greg I. Nakamoto, MD, FACP

Orthopedics and Sports Medicine

Catherine M. Pham, MD

Dermatologist

Tackling Challenges in Primary Care

“Tackling Challenges in Primary Care” will highlight challenging topics frequently encountered in busy primary care practices. Morning sessions will consist of lectures with discussion panels on topics including men’s health, valvular heart disease, meniscal knee injuries, marijuana in clinical practice, sexually transmitted diseases and fertility. Afternoon workshops provide opportunities for hands-on practice with skin biopsy and knee and shoulder injections and case-based interactive discussions on common dermatologic conditions and substance abuse disorders.

Teaching methods include lectures, panel question-and-answer sessions with faculty, and workshop sessions with hands-on practice.

TARGET AUDIENCE:

This course is appropriate for physicians in family practice, general practice and internal medicine. This course is also appropriate for residents and advanced practice providers.

OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Review treatment options for erectile dysfunction and premature ejaculation
- Manage meniscal injuries and appropriately refer to specialty care
- Accurately identify, follow, and intervene upon valvular heart disease
- Counsel patients for management of chronic syndromes and reduce incidence of substance dependency and inappropriate use of cannabinoids
- Prescribe pre-exposure prophylaxis for patients at high risk of HIV acquisition
- Guide and support couples making decisions about future fertility and those struggling with infertility
- Improve efficiency of care for patients with skin lesions requiring biopsies
- Complete knee arthrocentesis and subacromial bursa injections in primary care clinics
- Identify and treat skin conditions in primary care
- Discuss options for treatment of substance use with patients
- Improve accuracy in diagnosis of otitis media



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). **Determination of credit is pending.**

Agenda

- 7:00 a.m. Registration opens, breakfast selection available
- 7:30 a.m. **GRAND ROUNDS PRESENTATION:**
Men's Health Update | John Amory, MD
- 8:30 a.m. Break
- 8:40 a.m. **Introduction, Overview of Course Objectives** | Paul Smith, MD
- 8:45 a.m. **The Sports Medicine Curbside Consult: When should my patient see a surgeon for a meniscus tear of the knee?**
Greg Nakamoto, MD
- 9:15 a.m. **Valvular Heart Disease** | Michael Longo, MD
- 9:45 a.m. **Marijuana: Clinical uses and practice updates** | Ananth Shenoy, MD
- 10:15 a.m. **Discussion Panel and Q&A** | Greg Nakamoto, MD; Michael Longo, MD; Ananth Shenoy, MD
- 10:30 a.m. Break
- 10:45 a.m. **STDs: The Good, the Bad, and the Ugly** | Carrie Horwitch, MD
- 11:15 a.m. **Fertility and Infertility** | Joy Bucher, MD
- 11:45 a.m. **Discussion Panel and Q&A** | Carrie Horwitch, MD; Joy Bucher, MD
- 12:00 p.m. Lunch (provided)
- 12:45 p.m. **WORKSHOP SESSION 1:**
- A. Substance Abuse Disorders in Primary Care: Practical Pearls**
Elly Bhatraju, MD
 - B. Dermatology Cases with the Expert**
Catherine Pham, MD
 - C. Knee and Shoulder Injections** | Paul Smith, MD
 - D. Skin Biopsy Practice** | Tom Gunby, MD and Carrie Horwitch, MD
- For videoconference participants, "A" is your Session 1 Workshop.
- 1:45 p.m. **WORKSHOP SESSION 2:**
Attend second workshop choice (see above).
For videoconference participants, "B" is your Session 2 Workshop.
- 2:45 p.m. Break
- 3:00 p.m. **Hear No Evil, See No Evil: Common ear and eye problems in primary care**
Paul Smith, MD
- 3:45 p.m. Adjourn

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two. For information, contact the CME Department at (206) 341-0142 or email cme@virginiamason.org.

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 Ninth Ave., D3-CME
Seattle, WA 98101



PHONE: (206) 341-0142



FAX: (206) 341-1480



E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

Registration

Tackling Challenges in Primary Care

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Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: _____

ON-SITE PARTICIPANTS, PLEASE INDICATE YOUR WORKSHOP CHOICES:

SESSION 1

SESSION 2

A. Substance Abuse Disorders in Primary Care: Practical Pearls

B. Dermatology Cases with the Expert

C. Knee and Shoulder Injections

D. Skin Biopsy Practice

I will attend at the Videoconferencing Site in: _____

For information, call (206) 341-0142.

PAYMENT:

Tuition: \$195.00

Check enclosed. Make check payable to Virginia Mason CME

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER

EXPIRATION DATE

CARDHOLDER NAME

SIGNATURE