

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Update in Diabetes and Endocrinology

Friday, May 5, 2017
Seattle



Faculty

COURSE DIRECTORS

Thérèse Franco, MD

Section of Hospital Medicine
Virginia Mason, Seattle, Wash.

Grace A. Lee, MD

Head, Section of Endocrinology and Metabolism
Benaroya Diabetes Center at Virginia Mason
Virginia Mason, Seattle, Wash.

KEYNOTE SPEAKER

Joan C. Lo, MD

Endocrinologist
Kaiser Permanente Oakland Medical Center and San Francisco General Hospital
Physician and Research Scientist
Kaiser Permanente Northern California Division of Research
Associate Clinical Professor of Medicine
University of California, San Francisco (UCSF)
San Francisco, Calif.

GUEST FACULTY

Kristen Kulasa, MD

Endocrinologist
Assistant Professor of Medicine
University of California, San Diego,
San Diego, Calif.

VIRGINIA MASON FACULTY

Jessica A. Brzana, MD

Endocrinology, Diabetes and Metabolism
Benaroya Diabetes Center at Virginia Mason

Gal Omry, MD

Department of Endocrinology and Metabolism
Benaroya Diabetes Center at Virginia Mason

Update in Diabetes and Endocrinology

The Centers for Disease Control and Prevention estimates 1 out of every 11 people has diabetes. Further, 1 in 4 people with diabetes are unaware they have the condition. In addition to diabetes, common conditions in hospitalized patients include thyroid emergencies, hyponatremia and adrenal insufficiency. These conditions require special attention in the hospitalized patient, and this course will present an up-to-date review of evidence-based recommendations as well as best practices for endocrine conditions in the acute care setting. Topics include insulin prescribing in the hospital setting, transition of care from hospital discharge to the outpatient setting, recognizing and managing thyroid emergencies, adrenal insufficiency and the Syndrome of Inappropriate Antidiuretic Hormone (SIADH).

Teaching methods include lectures, panel discussion and question and answer with faculty.

TARGET AUDIENCE:

This course is appropriate for physicians in general practice, internal medicine; endocrinology, hospital medicine and critical care. This course will also be of interest to residents and advanced practice providers.

OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Summarize the current guidelines for post fracture management of osteoporosis
- Review current standards of care for hospital management of diabetes
- Describe the workup and evaluation of hypoglycemia in the inpatient and outpatient setting
- Specify standards of care for transitions from hospital to outpatient setting to prevent hospital readmission
- Appropriately prescribe new diabetic therapies
- Recognize and manage hyperthyroid and hypothyroid emergencies in the inpatient setting
- Manage adrenal insufficiency in the inpatient and outpatient setting
- Recognize and manage SIADH



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Agenda

- 7:00 a.m.** *Registration opens, breakfast selection available*
- 7:30 a.m.** **Grand Rounds Presentation**
Optimizing Bone Health in Adults with Fractures
Joan Lo, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Introduction, Overview of Course Objectives**
Grace Lee, MD
- 8:50 a.m.** **Safe and Effective Insulin Prescribing in the Hospital**
Kristen Kulasa, MD
- 9:50 a.m.** **Emerging Therapies and Transition of Care for Diabetes**
Thérèse Franco, MD
- 10:50 a.m.** *Break*
- 11:00 a.m.** **Stump the Professor: Challenging Diabetes Cases**
Faculty Panel
- 11:45 a.m.** *Lunch (provided)*
- 12:30 p.m.** **Recognizing and Managing Thyroid Emergencies in the Hospital**
Gal Omry, MD
- 1:25 p.m.** **Adrenal Insufficiency**
Jessica Brzana, MD
- 2:20 p.m.** *Break*
- 2:30 p.m.** **Hyponatremia and SIADH**
Jessica Brzana, MD
- 3:15 p.m.** **Who Wants to Be an Endocrinology Millionaire?**
Thérèse Franco, MD and Grace Lee, MD
- 3:45 p.m.** **Final Q&A, Closing Remarks**
Grace Lee, MD
- 4:00 p.m.** *Adjourn*

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two. For information, contact the CME Department at (206) 341-0142 or email cme@virginiamason.org.

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 9th Ave, D3-CME
Seattle, WA 98101



PHONE: (206) 341-0142



FAX: (206) 341-1480



E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

Registration

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Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: _____

I will attend at the Videoconferencing Site in: _____
For information, call (206) 341-0142.

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

PAYMENT:

Tuition: \$185.00

Check enclosed. Make check payable to VMMC – CME

Please charge my: VISA MasterCard American Express Discover

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