

Continuing Medical Education

Multidisciplinary Pelvic Health Update: Focus on Function

Friday, October 7, 2022
Seattle, Washington

Presented online via livestream



Virginia Mason
Franciscan Health™



Faculty

COURSE DIRECTORS

Una Lee, MD, FPMRS

Female Pelvic Medicine and Reconstructive Surgery
Virginia Mason Franciscan Health
Seattle, Wash.

Megan I. Loring, MD

Minimally Invasive Gynecologic Surgery
Virginia Mason Franciscan Health
Seattle, Wash.

Vlad V. Simianu, MD, MPH

Colorectal Surgeon
Medical Director, Colorectal Cancer Service Line
Floyd & Delores Jones Cancer Institute
Virginia Mason Franciscan Health
Seattle, Wash.

GUEST FACULTY

Leah S. Millheiser, MD, FACOG, NCMP

Clinical Professor, Obstetrics and Gynecology
Director, Female Sexual Medicine Program
Stanford University School of Medicine, Stanford, Calif.
Evernow, Chief Medical Officer, San Francisco, Calif.

VIRGINIA MASON FACULTY

Justin G. Brandler, MD

Gastroenterology

Marisa Dahlman, MD

Gynecology

Jenny A. Kaplan, MD, MAS

Colon and Rectal Surgery

Alvaro Lucioni, MD

Urology

Diana McFarlane, PA-C

Gastroenterology

Ravi Moonka, MD

Colon and Rectal Surgery

Cristina J. Palmer, DO

Urology

Scott Poehlmann, MD, FACOG, FPMRS

Urogynecology

Ksenija B. Stefanovic, MD, PhD

Urology

Elena M. Wagner, MD

Gynecology

Continuing Medical Education

Multidisciplinary Pelvic Health Update

This year's Multidisciplinary Pelvic Health course will be focused on function, with an emphasis on metrics for measuring patient symptoms such as incontinence and constipation, while providing diagnostic and treatment algorithms for functional disorders of the pelvic floor. It will also include special sections on multidisciplinary pelvic pain management and neuromodulation.

Our faculty includes Virginia Mason clinicians with expertise in functional pelvic floor disorders across the breadth of care in our system. Our invited Grand Rounds speaker is Leah Millheiser, MD, from Stanford University School of Medicine, who will share her vast knowledge in female sexual health.

In addition, it will review national standards for testing and diagnosis, including important screening done by primary care providers, current evidence on best surgical and non-surgical care and clinical trials and initiatives at Virginia Mason. Interactive case and panel discussions amongst the faculty and the audience will also serve to illustrate the level of multidisciplinary care offered for pelvic floor disorders in our system.

Teaching methods include lecture, Q&A with faculty, case presentation and panel discussions.

TARGET AUDIENCE: This course is designed for clinicians practicing general and primary care, internal medicine, gastroenterology, gynecology and urology.

OBJECTIVES:

- Describe risk factors and manifestations of sexual dysfunction in women
- Discuss the basic anatomy and physiology in assessment of defecation-related constipation disorders
- Explain surgical approaches to obstructed defecation
- Outline dietary and medication management of fecal incontinence
- Identify the the role of Interstim therapy for fecal incontinence
- Describe escalation medical therapy for stress and urgency incontinence
- Review contemporary treatment options for women with urinary incontinence
- Identify the three third line options for the treatment and management of urge urinary incontinence
- Identify the close association of gynecologic pain conditions with incontinence and constipation
- Discuss shared decision-making regarding oophorectomy vs ovarian conservation
- Summarize surgical management options for fibroids, focusing on uterine-sparing procedures
- Review indications for transvaginal gynecologic surgery



This course will be held via livestream presentation.

For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Agenda

- 7:30 a.m. GRAND ROUNDS PRESENTATION:**
Contemporary Management of Sexual Dysfunction in Women
Leah Millheiser, MD
- 8:30 a.m. Break**
- 8:45 a.m. Opening Remarks** | Una Lee, MD and Vlad Simianu, MD
- 8:50 a.m. Intro to Patient Reported Outcomes (PROs): Testing in Constipation/ Fecal Incontinence** | Vlad Simianu, MD
- 9:05 a.m. Medical Management of Constipation** | Justin Brandler, MD
- 9:20 a.m. Surgical Management of Constipation** | Vlad Simianu, MD
- 9:35 a.m. Medical Management of Fecal Incontinence** | Diana McFarlane, PA-C
- 9:50 a.m. Surgical Management of Fecal Incontinence** | Jenny Kaplan, MD
- 10:05 a.m. Panel: Defecation Dysfunction** | Ravi Moonka, MD; Vlad Simianu, MD
- 10:30 a.m. Break**
- 10:45 a.m. Intro to Urinary Incontinence: Patient Reported Outcomes (PROs), Testing in Urinary Incontinence and Focus on Function** | Alvaro Lucioni, MD
- 11:00 a.m. Medical Management of Urinary Incontinence** | Ksenija Stefanovic, MD
- 11:15 a.m. Surgical Management of Stress Urinary Incontinence in Women**
Una Lee, MD
- 11:30 a.m. Third Line Therapies for the Treatment of Urge Urinary Incontinence**
Cristina Palmer, DO
- 11:45 a.m. Panel: Urinary Incontinence Management** | Cristina Palmer, DO and Scott Poehlmann, MD
- 12:15 p.m. Lunch Break**
- 1:00 p.m. Introduction to Minimally-Invasive Gynecologic Surgery and Its Role in Pelvic Health** | Megan Loring, MD
- 1:15 p.m. Surgical Management of the Adnexa in Pelvic Procedures**
Marisa Dahlman, MD
- 1:30 p.m. Surgical Management of Fibroids, Endometriosis** | Megan Loring, MD
- 1:45 p.m. vNotes: Bringing the Vaginal Hysterectomy into the 21st Century**
Elena Wagner, MD
- 2:00 p.m. Panel: Complex Pelvic Pain** | Megan Loring, MD
- 2:30 p.m. Questions and Closing Remarks** | Una Lee, MD and Vlad Simianu, MD
- 2:45 p.m. Adjourn**



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1 100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@virginiamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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