

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# Primary Care Updates in Urogynecology and Pelvic Floor Medicine

Friday, October 20, 2017  
Seattle



## Faculty

### COURSE DIRECTOR

**Kathleen C. Kobashi, MD, FACS**

Female Pelvic Medicine and Reconstructive Surgery  
Head, Section of Urology and Renal Transplantation  
Virginia Mason, Seattle, Wash.

### VIRGINIA MASON FACULTY

**Una Lee, MD**

Urologist  
Female Pelvic Medicine and Reconstructive Surgery

**Alvaro Lucioni, MD**

Urologist  
Female Pelvic Medicine and Reconstructive Surgery

**Susan E. McCormick, MD**

Gastroenterologist  
Digestive Disease Institute at Virginia Mason

**Ravi Moonka, MD, FACS**

Colorectal Surgeon  
Digestive Disease Institute at Virginia Mason

**Ksenija B. Stefanovic, MD, PhD**

Urologist

**Lesley Weinberg, PT, DPT, GCS**

Physical Medicine and Rehabilitation

# Primary Care Updates in Urogynecology and Pelvic Floor Medicine

Primary care physicians, allied health professionals, and nurses are of paramount importance in the care of patients. They play a fundamental role in the screening, diagnosis and treatment of many important medical conditions, as well as numerous impactful quality of life conditions—many of which can be treated definitively under the care of the primary care team.

The primary care team is often the gateway for patients to seek and obtain care for quality of life issues that can be very troublesome to patients. This is particularly true of pelvic floor disorders, such as urinary or fecal incontinence and pelvic prolapse. If not given the “safe” opportunity to express their troubles with sensitive issues such as those associated with pelvic floor disorders, many patients will unfortunately continue to live their lives with very treatable conditions. Appropriate knowledge and care in the primary setting can have a tremendous positive impact on patient’s lives.

This course will provide the primary care team with practical knowledge and approaches to many common uro-gynecologic conditions and pelvic floor disorders that are often encountered first by the primary care provider. The course will provide valuable information and practice tools to effectively meet the needs of our patients and know when to refer to the specialist.

Teaching methods include lectures, case presentations, and question and answer with faculty. Point-counterpoint and interactive multidisciplinary panel discussions will provide a practical perspective for review of the material presented.

## TARGET AUDIENCE:

This course is appropriate for physicians, residents and advanced practice providers in family practice, general practice, internal medicine, and hospital medicine. This course is also appropriate for physician assistants and nurses with an interest in pelvic floor medicine.

## OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Review the pelvic floor anatomy and the potential disorders associated with the pelvic floor
- Differentiate between the types of urinary incontinence
- Review the evaluation and management of urinary incontinence — both overactive bladder (urgency incontinence) and stress urinary incontinence
- Summarize treatment options for patients with fecal incontinence and constipation
- Recommend options for patients with pelvic organ prolapse
- Discuss the evaluation and initial management of female sexual dysfunction
- Discuss the evaluation and medical management of pelvic pain, based on the guidelines for bladder pain syndrome/interstitial cystitis



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit Designation:** Virginia Mason Medical Center designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.


Application for CME credit has been filed with the American Academy of Family Physicians (AAFP).




**Determination of credit is pending.**

- 7:00 a.m. Registration opens, breakfast selection available
- 7:30 a.m. **Grand Rounds: Gotta go, gotta go! Are there any solutions for the overactive bladder?** | Kathleen Kobashi, MD; Una Lee, MD; Alvaro Lucioni, MD
- 8:30 a.m. Break
- 8:45 a.m. **Stress Urinary Incontinence: What are our options?** | Alvaro Lucioni, MD
- 9:05 a.m. **Overactive Bladder Treatments** | Kathleen Kobashi, MD
- 9:25 a.m. **Recurrent UTI: Evaluation and Management** | Ksenija Stefanovic, MD
- 9:40 a.m. **Questions and Discussion with Faculty**
- 9:55 a.m. **Evaluation of Fecal Incontinence** | Susan McCormick, MD
- 10:10 a.m. **Fecal Incontinence and Constipation: Treatment options**  
Susan McCormick, MD
- 10:25 a.m. **Rectal Prolapse** | Ravi Moonka, MD
- 10:40 a.m. **Questions and Discussion with Faculty**
- 10:55 a.m. Break
- 11:05 a.m. **Pelvic Pain: Is there hope?** | Ksenija Stefanovic, MD
- 11:25 a.m. **Panel Discussion: Neuromodulation**  
Una Lee, MD; Alvaro Lucioni, MD; Kathleen Kobashi, MD
- 11:45 a.m. **Panel Discussion: Fecal Incontinence**  
Una Lee, MD; Ravi Moonka, MD; Susan McCormick, MD; Lesley Weinberg, PT
- 12:05 p.m. Lunch (provided)
- 12:45 p.m. **Can Men Have Incontinence?** | Alvaro Lucioni, MD
- 1:05 p.m. **Female Sexual Function** | Ksenija Stefanovic, MD
- 1:25 p.m. **Questions and Discussion with Faculty**
- 1:40 p.m. **Non-surgical Treatment of Pelvic Floor Disorders** | Lesley Weinberg, PT
- 2:00 p.m. **Prolapse Evaluation** | Alvaro Lucioni, MD
- 2:15 p.m. **Treatment of Prolapse** | Una Lee, MD
- 2:35 p.m. **Point-counterpoint: Treatment of pelvic organ prolapse**  
Una Lee, MD; Alvaro Lucioni, MD; Kathleen Kobashi, MD; Ksenija Stefanovic, MD
- 2:50 p.m. Break
- 3:00 p.m. **Point-counterpoint: Treatment of SUI**  
Una Lee, MD; Alvaro Lucioni, MD; Kathleen Kobashi, MD
- 3:15 p.m. **Clinical Trials at Virginia Mason: Brief overview** | Una Lee, MD
- 3:35 p.m. **Faculty Panel: Open Discussion with Q&A**
- 3:55 p.m. **Closing Remarks** | Kathleen Kobashi, MD
- 4:00 p.m. Adjourn

**Location:** The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets). *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at (206) 341-0142 or email [cme@virginiamason.org](mailto:cme@virginiamason.org).

To register, complete the form below and send via:

 **MAIL:**  
Virginia Mason CME Dept.  
1100 9th Ave, D3-CME  
Seattle, WA 98101

 **PHONE:** (206) 341-0142  
 **FAX:** (206) 341-1480  
 **E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)  
**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

**REGISTRATION:**

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and Pelvic Floor Medicine**

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*Please print clearly*

NAME \_\_\_\_\_ DEGREE/CREDENTIALS \_\_\_\_\_

SPECIALTY \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Please provide one question for the faculty: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I will attend at the Videoconferencing Site in: \_\_\_\_\_  
*For information, call (206) 341-0142.*

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

**PAYMENT:**

**Tuition:** \$195.00

Check enclosed. Make check payable to VMMC – CME

Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

CARDHOLDER NAME \_\_\_\_\_ SIGNATURE \_\_\_\_\_