

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Palliative Care is Everyone's Job!

Friday, November 9, 2018
Virginia Mason • Seattle, Washington



Faculty

COURSE DIRECTOR:

Mark W. Beiter, DO, FACP

Medical Director, Palliative Care
Virginia Mason Medical Center, Seattle, Wash.

KEYNOTE SPEAKER:

Megan Devine

Author, Psychotherapist and Grief Advocate
Portland, Ore.

GUEST FACULTY:

Lynne P. Taylor, MD, FAAN, FANA

Director, Alvord Brain Tumor Center
UW Alexander M. Spence Endowed Chair in Neuro-oncology
Professor of Neurology and Oncology
University of Washington Medical Center, Seattle, Wash.

Hope A. Wechkin, MD

Medical Director
EvergreenHealth Hospice & Palliative Care, Kirkland, Wash.

VIRGINIA MASON FACULTY:

Tonda Anderson, PA-C

Palliative Care

Ted F. Dropcho, MD

Palliative Care

Kari S. Hilwig, MSW, LAICSW

Social Worker, Palliative Care

Cynthia Kirtland, M.Div.

Supervisor, Spiritual and Supportive Care

Katherine M. McManus, PharmD

Pharmacy Resident

Susan T. Pham, PharmD

Pharmacy Resident

Elizabeth A. Powell, LICSW

Social Worker, Palliative Care

Anum Rizvi, PharmD

Pharmacy Resident

Edit Shalom, RN

Clinical Program Manager, Palliative Care

Laura Webster, D.Bioethics, RN, HEC

Bioethics Program Director

Palliative Care is Everyone's Job!

Join our multidisciplinary faculty for a day focused on palliative care. While not new, palliative care has rapidly advanced in recent years, yet this important area of medicine is often misunderstood by patients. This course will address what palliative care is, how it can benefit patients, and how to incorporate it into your practice.

Lectures and breakout sessions are designed to provide a foundation for delivering “generalist” palliative care and will be of value to all members of the care team. Topics will address ethical questions, updates in pharmacology, and provide strategies for how to talk about prognosis, delivering serious news, and understanding and processing the personal emotions we experience working with the seriously ill.

Teaching methods include lecture, Q&A with faculty, panel discussion and breakout sessions.

TARGET AUDIENCE:

This course is appropriate for physicians, residents, advanced practice providers and nurses who want to update their clinical knowledge in palliative medicine. This course will also be of professional interest to social workers and chaplains.

OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Recognize the difference between pathologizing grief and normalizing it and why that is important
- Identify barriers to accurate prognostication within the physician-colleague-patient relationship
- Review updates in delirium management, opioid induced constipation medications, and when and how to de-escalate medications
- Apply the ethical elements of shared decision making
- Recognize the effects of toxic grief culture and employ new skills for expressing and processing grief, both on and off the job
- Assess the evidence around artificial nutrition in advanced illness
- Formulate a talking map for delivering serious news and practice skills for responding to emotion
- Identify methods for introducing and describing palliative care and hospice care
- Consider why a patient may make a request for death with dignity and review approaches to the care of these patients
- Reflect on the importance of physician self-care for well-being

Agenda

- 7:00 a.m.** *Registration opens, breakfast selection available*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION: Some Things Cannot Be Fixed: Why Acknowledgment is the Best Medicine We Have** | Megan Devine
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Welcome and Program Introduction** | Mark Beiter, DO
- 9:00 a.m.** **Prognosis and Communication** | Lynne Taylor, MD
- 9:55 a.m.** **Pharmacy Updates** | Katherine McManus, PharmD; Susan Pham, PharmD; Anum Rizvi, PharmD
- 10:50 a.m.** *Break*
- 11:10 a.m.** **BREAKOUT SESSION #1: attend one session**
- A. **Processing Personal Grief: On the job and off** | Megan Devine
 - B. **Feeding Issues in Advanced Illness** | Ted Dropcho, MD
 - C. **Mastering Tough Conversations: Delivering Serious News** Mark Beiter, DO and Tonda Anderson, PA-C
 - D. **Pivot Point: Hospice Pearls for the Referring Clinician** | Hope Wechkin, MD
- 12:10 p.m.** *Lunch (provided)*
- 1:00 p.m.** **Responding to Requests for Death with Dignity**
Panel: Ted Dropcho, MD; Edit Shalom, RN; Liz Powell, MSW; Cindy Kirtland, M.Div.
- 1:55 p.m.** **Treatments Impossible: The Role of Informed Assent in Shared Decision-Making** | Laura Webster, D.Bioethics
- 2:50 p.m.** *Break*
- 3:00 p.m.** **BREAKOUT SESSION #2: attend one session**
- A. **Processing Personal Grief: On the job and off** | Megan Devine
 - B. **Feeding Issues in Advanced Illness** | Ted Dropcho, MD
 - C. **Mastering Tough Conversations: Delivering Serious News** Mark Beiter, DO and Tonda Anderson, PA-C
 - D. **Pivot Point: Hospice Pearls for the Referring Clinician** | Hope Wechkin, MD
- 3:50 p.m.** **Wellness Activity, Final Remarks** | Kari Hilwig, MSW and Mark Beiter, DO
- 4:00 p.m.** *Adjourn*



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP).

Determination of credit is pending.

Virginia Mason is a provider of nursing continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider #CEP15905 for 6.5 Contact Hours (6.5 clock hours), November 9, 2018.

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 Ninth Ave., D3-CME
Seattle, WA 98101



PHONE: 206-341-0142



FAX: 206-341-1480



E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

REGISTRATION:

Palliative Care is Everyone's Job!

Friday, November 9, 2018



Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please choose two breakout sessions:

SESSION 1 SESSION 2

A. Processing Personal Grief: On the job and off

B. Feeding Issues in Advanced Illness

C. Mastering Tough Conversations: Delivering Serious News

D. What You Need to Know About Hospice

Please provide one question for the faculty: _____

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

PAYMENT:

Tuition: \$195.00

Check enclosed. Make check payable to Virginia Mason CME.

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER

EXPIRATION DATE

CARDHOLDER NAME

SIGNATURE