



Continuing Medical Education

Diversity and Health Equity

From Discussion to Action

Friday, October 20, 2023

Presented at Virginia Mason Medical Center, Seattle,
and online via livestream



Faculty

COURSE DIRECTORS

Amish J. Dave, MD, MPH

Rheumatologist
Virginia Mason Franciscan Health
Seattle, Wash.

Tara Kerr, MD

Internal Medicine
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FACTULTY

Amy D. Brockmeyer, MD

Gynecologic Oncology
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Tammie Chang, MD

Medical Director, Physician/APP
Wellness for MultiCare Health System
Pediatric Hematology/Oncology,
Mary Bridge Children's Hospital
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Author, TEDx Speaker, Coach
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Internal Medicine, Boise Veterans
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Lauren Eberly, MD, MPH

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Seattle, Wash.

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Family Medicine Specialist
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Tarul Kode Tripathi, PharmD

Pharmacist
Board Chair Emeritus, API Chaya
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Anita Ravi, MD, MPH, MSHP, FAAFP

Family Medicine
CEO, Co-Founder, PurpLE Health
Foundation
New York, N.Y.

Daniel A. Rivas, MD

Family Medicine
Sea Mar Community Health Centers
Seattle, Wash.

Laura B Webster, D. Bioethics, RN, HEC-C

PNW Division VM, Ethics
Ethics and Theology
CommonSpirit Health
Seattle, Wash.

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Clinicians care for diverse patient populations whose physical and mental health and access to healthcare is differentially impacted by their race, sex, language, literacy, socioeconomic status, environmental exposures, and other unique factors. Our healthcare teams are similarly impacted by these factors.

Ethnic minorities and patients of color experience widespread racism and discrimination in many aspects of life including housing, employment, and health care. A significant body of literature on the role of structural and systemic racism and discrimination continues to be published in the areas of health and well-being. To address these issues, many non-profit and corporate organizations and institutions are developing anti-racism policies to reduce discrimination. While progress continues, there are many institutions and individuals without a systems-based process in place to make the changes. The challenge is further compounded when many people do not share the same definitions or understanding of these issues.

This course is designed to move beyond dialogue on bias, racism and discrimination towards understanding what steps can be taken to improve the care of our diverse patient populations.

Teaching methods include lecture, Q&A with faculty and panel discussions.

TARGET AUDIENCE: This course is appropriate for all clinicians.

OBJECTIVES:

- Review the evidence-based approaches to creating structural gender equity for women in healthcare
- Define key terms including racism, discrimination and systemic bias
- Provide tools for healthcare works to improve trust-building with historically marginalized patient communities
- Discuss community-based strategies to advance equity in cardiovascular care and beyond
- Review the role of formalized mentor programs and how they can improve mental health and program cohesion
- Outline social determinants of health and cultural factors that might impact care for domestic violence survivors
- Evaluate different forms of racism and the role of the minority tax in healthcare workers
- Identify barriers to reproductive and sexual healthcare for women and LGBTQIA+ patients



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Agenda

- 7:00 a.m.** *Registration opens, complimentary coffee*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION:**
Joining the Transition Team: Creating Gender Equity and a Bright Future for Women in Medicine
Tammie Chang, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Introduction and Overview**
Amish J. Dave, MD and Tara Kerr, MD
- 9:00 a.m.** **Panel Discussion: Trust-building with Underserved Communities**
Tarul Kode Tripathi, PharmD; Daniel Rivas, MD; Tara Kerr, MD
- 10:00 a.m.** *Break*
- 10:15 a.m.** **Pharmacoequity and Cardiovascular Health**
Lauren Eberly, MD
- 11:00 a.m.** **Panel Discussion: Mental Health and Stigma Among Healthcare Workers**
Chris Bundy, MD; Tammie Chang, MD; Brandee Grooms, MD
- 12:00 p.m.** *Lunch Break*
- 1:00 p.m.** **Trauma-informed Care for Domestic Violence Survivors**
Anita Ravi, MD
- 2:00 p.m.** **Centering Narratives of Minoritized Patients, Trainees, and Faculty**
Andrea Christopher, MD
- 2:45 p.m.** *Break*
- 3:00 p.m.** **Panel Discussion: Reproductive Healthcare and Access**
Laura Webster, D.Be; Amy Brockmeyer, MD; Kia Guarino;
Anuj Khattar, MD
- 4:00 p.m.** **Closing Remarks/Adjourn**

LOCATION: This course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two.



This course will also be livestreamed.

For more information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1 100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@virginiamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME: _____ DEGREE / CREDENTIALS: _____

SPECIALTY: _____

ORGANIZATION: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Please provide one question for the faculty: _____

TUITION: \$190 – I will attend in person (includes lunch)

\$165 – I will attend the livestream

Check enclosed. Make check payable to VMCC – CME

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER: _____ EXP: _____

CARDHOLDER NAME: _____

SIGNATURE: _____

Please add me to your e-mail list for news of upcoming CME courses.

