

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# It Takes a Village:

## Addressing social determinants of health

**Friday, June 14, 2019**

Virginia Mason  
Seattle, Washington



# Faculty

## COURSE DIRECTOR:

### **Amish J. Dave, MD, MPH**

Rheumatology  
Virginia Mason, Seattle, Wash.

### **Carrie Horwitch, MD, MPH**

Key Clinical Faculty Internal Medicine, Virginia Mason  
Clinical Associate Professor in Medicine and Public Health, University of Washington  
Seattle, Wash.

## KEYNOTE SPEAKER:

### **Stephen A. Bezruchka, MD, MPH**

Senior Lecturer, Departments of Health Services & Global Health  
School of Public Health  
University of Washington, Seattle, Wash.

## FACULTY:

### **Kristin J. Anderson, MD, MPH**

Faculty, Swedish Family Medicine Residency Program – Cherry Hill Residency  
Site Director, Carolyn Downs Family Medical Center, Seattle, Wash.

### **Michael Dudas, MD**

Chief, Pediatrics  
Deputy Chief, Primary Care  
Virginia Mason University Village Medical Center, Seattle, Wash.

### **Janet H. Leung, MD**

Endocrinology & Diabetes  
Virginia Mason, Seattle, Wash.

### **Amanda M. Locke, PharmD, MBA, BCACP**

Manager, Ambulatory Pharmacy  
Virginia Mason, Seattle, Wash.

### **Glenna C. Martin, MD, MPH**

Addiction Medicine, Family Practice  
Carolyn Downs Family Medical Center, Seattle, Wash.

### **Sarah A. Moore, RD**

Clinical Dietitian  
Virginia Mason, Seattle, Wash.

### **Rupin R. Thakkar, MD**

President, Washington Chapter of the American Academy of Pediatrics  
Clinical Professor, University of Washington School of Medicine  
Swedish Pediatrics, Edmonds, Wash.

# It Takes a Village:

## Addressing social determinants of health

Social determinants of health are non-medical factors — such as safe and affordable housing, access to healthy food and income inequality — that can significantly impact an individual's overall health, well-being and medical outcomes. Designed for a wide range of clinicians, this course aims to increase knowledge and skill in recognizing social determinant of health issues and, where possible, helping patients navigate these challenges. This course will focus on tangible and doable practices that will support patients in improving their health across a variety of social determinant of health issues.

Teaching methods include lecture, case presentation, Q&A with faculty and small group discussion.

### TARGET AUDIENCE:

This course is appropriate for physicians, residents, advanced practice providers and nurses across all disciplines.

### OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Cite ways in which clinicians can help patients with lower socioeconomic means and improve their clinical care outcomes
- Identify the social determinants of health
- Consider patient concerns when asked to eat a healthy diet or improve medication adherence
- Apply questions and tools to identify and combat e-cigarette intake
- Discuss elements of the LGBTQ-Elder experience and review barriers to successful aging faced by LGBTQ Elders
- Review lead screening methodologies from a social determinants of health perspective, including access to safe water and housing
- Identify and respond to patients at-risk for trauma in childhood and adolescence
- Discuss provider and societal stigma towards patients with addiction as a social determinant of health
- Describe the key drivers for medication costs in the national and regional setting
- Summarize how to take a history for social determinants of health



**Accreditation with Commendation:** Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit Designation:** Virginia Mason Medical Center designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP).

**Determination of credit is pending.**

## Agenda

- 7:00 a.m.** *Registration opens, breakfast selection available*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION:  
Putting Health Back into Health Care**  
Stephen Bezruchka, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Introduction to Social Determinants of Health**  
Carrie Horwitch, MD
- 9:15 a.m.** **Healthy Eating and Medication Cost Considerations**  
Janet Leung, MD and Sarah Moore, RD
- 10:00 a.m.** **Q&A Session**
- 10:15 a.m.** *Break*
- 10:30 a.m.** **E-cigarette Risks and Considerations**  
Rupin Thakkar, MD
- 11:15 a.m.** **Gay & Grey: Examining the Social Determinants of Health of LGBTQ Elders**  
Kristin Anderson, MD
- 12:00 p.m.** *Lunch (provided)*
- 12:45 p.m.** **Screening for Childhood Lead**  
Amish Dave, MD
- 1:30 p.m.** **What the Clinician Should Know about Childhood Trauma**  
Michael Dudas, MD
- 2:15 p.m.** *Break*
- 2:30 p.m.** **Stigma, Stereotypes, and Substance Use**  
Glenna Martin, MD
- 3:15 p.m.** **Medication Cost Considerations in Clinical Medicine**  
Amanda Locke, PharmD
- 3:50 p.m.** **Wrap-Up: Tools for the Clinician on Managing Social Determinants of Health**  
Amish Dave, MD and Carrie Horwitch, MD
- 4:15 p.m.** *Adjourn*

**Nursing Contact Hours:** Virginia Mason is a provider of nursing continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider #CEP15905 for 7.25 Contact Hours (7.25 clock hours), June 14, 2019.

**Location:** The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at 206-341-0142 or email [cme@virginiamason.org](mailto:cme@virginiamason.org).

To register, complete the form below and send via:



**MAIL:**

Virginia Mason CME Dept.  
1100 Ninth Ave., D3-CME  
Seattle, WA 98101



**PHONE:** 206-341-0142



**FAX:** 206-341-1480



**E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)

**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

**REGISTRATION:**

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Friday, June 14, 2019



*Please print clearly*

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: \_\_\_\_\_

\_\_\_\_\_

I will attend at the Videoconferencing Site in: \_\_\_\_\_

*For information, call 206-341-0142.*

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

**PAYMENT:**

**Tuition:** \$195.00

Check enclosed. Make check payable to Virginia Mason CME.

Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER

EXPIRATION DATE

CARDHOLDER NAME

SIGNATURE