



Continuing Medical Education

Rheumatology 101 for the Primary Care Clinician

Friday, July 19, 2024

Presented at Virginia Mason Medical Center, Seattle,
and online via livestream



Faculty

COURSE DIRECTORS

Erin M. Bauer, MD

Rheumatology
Virginia Mason Franciscan Health
Seattle, Wash.

Amish J. Dave, MD, MPH, FACP

Rheumatology
Virginia Mason Franciscan Health
Seattle, Wash.

Brittany A. Frankel, MD

Rheumatology
Virginia Mason Franciscan Health
Seattle, Wash.

GUEST FACULTY

James N. Jarvis, MD

Professor of Pediatrics
Adjunct Professor of Family Medicine/Indigenous Health
Adjunct Professor of Medicine/Rheumatology
University of Washington School of Medicine
Seattle, Wash.

VIRGINIA MASON FACULTY

Sarah H. Chung, MD

Rheumatology

Rachel Gibbons, PharmD, BCACP

Rheumatology Clinical Pharmacist

Vivian V. Stone, MD

Rheumatology

Su Yin, MD

Rheumatology

Rheumatology 101 for the Primary Care Clinician

The Pacific Northwest is experiencing a critical shortage of rheumatologists. Despite efforts from multiple organizations, including the American College of Rheumatology, The Arthritis Foundation, The University of Washington, and Virginia Mason Medical Center, Washington State continues to rank near the bottom for access issues.

In a May 2022 interview, Washington Rheumatology Alliance (WRA) President Jeff Peterson, MD noted with concern that rural patients are particularly underserved, with many competing with patients traveling from rural Idaho and Oregon for access to Washington based rheumatologists. This shortage of rheumatologists has resulted in fewer learning opportunities for primary care clinicians on rheumatology education, longer wait times for patients, and situations where primary care clinicians are managing patients with complex rheumatologic diseases for many months before rheumatologic care is established.

Virginia Mason Rheumatology developed this course to address this critical need and to support primary care clinicians. This course will provide training in the identification of common rheumatologic conditions and recognize when to discuss care management with rheumatologists in a timely manner to prevent patient morbidity and mortality. We aim to provide attendees with background and knowledge of common conditions seen by rheumatologists, including rheumatoid arthritis, spondyloarthritis, systemic lupus erythematosus, vasculitis, and systemic sclerosis.

Teaching methods include lecture, Q&A with faculty, case presentation, and voice of the patient.

TARGET AUDIENCE: This course is appropriate for rheumatologists and primary care clinicians. This course will also be of interest to physician assistants, nurse practitioners, and other mid-level providers.

OBJECTIVES:

- Recognize common presentations of rheumatic disease in children
- Review differences between limited and diffuse systemic sclerosis
- Identify key points when taking history of spondyloarthritis
- Discuss associations with antibodies and specific rheumatologic diagnoses, markers of disease activity and prognosis
- Identify rheumatoid arthritis by the pattern of joint involvement, common joint deformities and clinical features of inflammatory arthritis
- Recognize signs and symptoms of lupus and interpret serologies used in diagnosis and laboratory tests to assess disease activity in patients
- Review updates to vaccination recommendations for immunosuppressed patients
- Identify specific features of polyarthralgia that raise concern for polymyalgia rheumatica
- Address common concerns that patients may have when starting a new biologic therapy

Agenda

- 7:00 a.m.** *Registration opens, complimentary coffee*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION**
Pediatric Rheumatology for the Practitioner | James Jarvis, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Opening Remarks** | Amish Dave, MD, MPH, FACP and Erin Bauer, MD
- 9:00 a.m.** **Systemic Sclerosis** | Amish Dave, MD, MPH, FACP
- 9:45 a.m.** **Introduction to Spondyloarthritis** | Su Yin, MD
- 10:30 a.m.** *Break*
- 10:45 a.m.** **Rheumatology Labs Bootcamp** | Erin Bauer, MD
- 11:15 a.m.** **Diagnosis of Rheumatoid Arthritis** | Brittany Frankel, MD
- 12:00 p.m.** *Lunch Break*
- 12:15 p.m.** **LUNCH PANEL**
Patient Experience with Rheumatologic Conditions
- 1:00 p.m.** **Systemic Lupus Erythematosus** | Vivian Stone, MD
- 1:45 p.m.** **Preventative Care for the Immunosuppressed Patient** | Erin Bauer, MD
- 2:30 p.m.** *Break*
- 2:45 p.m.** **Giant Cell Arteritis and Polymyalgia Rheumatica** | Sarah Chung, MD
- 3:30 p.m.** **From Injections to Infections: Common Issues with Rheumatology Medications** | Rachel Gibbons, PharmD
- 4:15 p.m.** **Closing Remarks/Questions**



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **7.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

LOCATION: This course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Ave., Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two.



This course will also be livestreamed.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1 100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@virginiamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME: _____ DEGREE / CREDENTIALS: _____

SPECIALTY: _____

ORGANIZATION: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Please provide one question for the faculty: _____

TUITION: \$220 – I will attend in person (includes lunch)

\$195 – I will attend the livestream

Check enclosed. Make check payable to VMMC – CME

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER: _____ EXP: _____

CARDHOLDER NAME: _____

SIGNATURE: _____

Please add me to your e-mail list for news of upcoming CME courses.

