

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

12th Annual Topics in Primary Care

Friday, April 23, 2021
Seattle, Washington

Presented online via livestream



12th Annual Topics in Primary Care

The “12th Annual Topics in Primary Care” conference will focus on updates on common problems encountered in primary care practice, bringing excellent instructors to provide teaching in a variety of formats geared toward learning and retention.

Morning sessions will consist of lectures with discussion panels on topics including common myths in internal medicine with Doug Paauw, MD, followed by cases in diabetic care, atrial tachycardias and electrophysiology, management of common urinary concerns in older patients and updates in cancer screening guidelines.

Afternoon virtual workshops give opportunities for more in-depth review and practice of knee and shoulder exams and case-based interactive discussions on common musculoskeletal foot problems, infectious disease and cognitive biases in diagnosis.

We will conclude with a talk on articles that have changed practice over the last year, by Michael Soung, MD, FACP.

Teaching methods include lecture, Q&A with faculty, panel discussion, case presentation, breakout sessions, simulation and hands-on practice.

TARGET AUDIENCE: This course is appropriate for general and family practice and internal medicine. This course will also be of interest to physician assistants, nurse practitioners, and other mid-level providers.

COURSE OBJECTIVES:

- Recognize medical myths and why they occur
- Manage mild asthma with intermittent dosing with ICS/formoterol
- Review evidence for improved micro- and macrovascular outcomes with use of SGLT2 and GLP1 medications in diabetes management
- Recommend evidence-based pharmaceutical interventions for smoking cessation
- Describe why a comprehensive approach to atrial fibrillation management will improve atrial fibrillation ablation outcomes
- Review the epidemiology and impact of urinary incontinence and overactive bladder
- Discuss factors that differentiate mechanical vs. medical causes of knee swelling, and how that guides subsequent evaluation and treatment interventions
- Detect common foot and ankle disorders during exam
- Evaluate and select appropriate therapies, including judicious use of antibiotics, for the management of common infectious diseases
- Identify common system and cognitive causes of diagnostic errors in outpatient care
- Review primary care issues specific to transgender patients, including tips on hormone management and approaches to common concerns
- Review new evidence on white coat hypertension, medication timing, and calcium channel blocker edema



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). **Determination of credit is pending.**

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Faculty

COURSE DIRECTORS

Joy B. Bucher, MD, FACP

Associate Program Director, Internal Medicine Residency, General Internal Medicine
Virginia Mason Franciscan Health
Seattle, Wash.

Ananth K. Shenoy, MD, FACP

Core Faculty, Internal Medicine Residency, General Internal Medicine
Virginia Mason Franciscan Health
Lynnwood, Wash.

Paul A. Smith, MD, MACP

Core Faculty, Internal Medicine Residency, General Internal Medicine
Virginia Mason Franciscan Health
Seattle, Wash.

GUEST FACULTY

Douglas Paauw, MD, MACP

Professor of Medicine
Rathmann Family Foundation Endowed Chair in Patient – Centered Clinical Education
Internal Medicine & HIV Care
University of Washington Medical Center
Seattle, Wash.

VIRGINIA MASON FACULTY

Maria del Pilar Almy, DPM, ABPM

Podiatry and Wound Care Center

Christopher L. Fellows, MD, FACC, FHRS

Cardiology

Robert E. Geise, MD, MPH

Infectious Disease

Kathleen L. Horan, MD

Pulmonary Medicine

Camille I. Johnson, MD, MBA

Internal Medicine

Una J. Lee, MD, FPMRS

Urology

Uma Malhotra, MD

Infectious Disease

Greg I. Nakamoto, MD

Orthopedics and Sports Medicine

Lauren E. Powell, MD, MBA

General Internal Medicine

Michael Soung, MD, FACP

General Internal Medicine

Core Faculty, Internal Medicine Residency Program

Agenda

- 7:30 a.m. **GRAND ROUNDS PRESENTATION**
Busting Medical Myths: When Dogma is for the Dogs
Douglas Paauw, MD
- 8:30 a.m. *Break*
- 8:40 a.m. **Opening Remarks** | Paul Smith, MD
- 8:45 a.m. **Every Puff You Take: Interpreting Asthma Guidelines** | Katy Horan, MD
- 9:20 a.m. **Cases in Diabetes: Updates on GLP1 and SGLT2 Medications**
Ananth Shenoy, MD
- 9:55 a.m. **Guideline Watch: Smoking Cessation, Immunizations, and More**
Joy Bucher, MD
- 10:30 a.m. *Break*
- 10:45 a.m. **Atrial Fibrillation Physiology and Management**
Christopher Fellows, MD
- 11:20 a.m. **Geriatric Considerations in Urinary Incontinence and Overactive Bladder** | Una Lee, MD
- 12:00 p.m. *Lunch*
- 12:45 p.m. **WORKSHOP SESSION 1**
- A. The Sports Medicine Curbside Consult** – 1) Evaluation of the patient with a swollen knee; and 2) How to approach a patient with shoulder weakness | Greg Nakamoto, MD
 - B. Foot Pain: Evaluation and Treatment for PCPs**
Maria del Pilar Almy, DPM
 - C. Management of Common Infectious Diseases in Primary Care: UTI, URI and More** | Uma Malhotra, MD & Bob Geise, MD
 - D. Diagnostic Errors in Ambulatory Medicine** | Lauren Powell, MD
- 1:30 p.m. *Break*
- 1:45 p.m. **WORKSHOP SESSION 2**
Attend second workshop choice (see above)
- 2:30 p.m. *Break*
- 2:45 p.m. **Transgender Health** | Camille Johnson, MD
- 3:20 p.m. **Primary Care Potpourri: Things That Have Changed My Practice**
Michael Soung, MD
- 4:00 p.m. **Wrap Up/Adjourn** | Paul Smith, MD



This course will be held via livestream presentation.

For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Registration

To register, complete the form below and send via:



MAIL:
Virginia Mason CME Dept.
1100 Ninth Ave, D3-CME
Seattle, WA 98101



PHONE: 206-341-0142



FAX: 206-341-1480



E-MAIL: cme@virginiamason.org
WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

PLEASE CHOOSE TWO WORKSHOPS FOR THE BREAKOUT SESSIONS:

SESSION 1

SESSION 2

A. The Sports Medicine Curbside Consult

B. Foot Pain: Evaluation and Treatment for PCPs

C. Management of Common Infectious Diseases in Primary Care

D. Diagnostic Errors in Ambulatory Medicine

TUITION: \$175

Check enclosed. Make check payable to Virginia Mason CME.

Please charge my: VISA MasterCard American Express Discover

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