

Virginia Mason Continuing Medical Education

# Multidisciplinary Pelvic Health

Friday, October 29, 2021

Seattle, Washington

Presented online via livestream

Presented by the Pelvic Floor Center at  
Virginia Mason Franciscan Health



# Faculty

## COURSE DIRECTORS

### **Una Lee, MD, FPMRS**

Female Pelvic Medicine and Reconstructive Surgery  
Virginia Mason Franciscan Health  
Seattle, Wash.

### **Vlad V. Simianu, MD, MPH**

Colorectal Surgeon  
Medical Director, Colorectal Cancer Service Line  
Floyd & Delores Jones Cancer Institute  
Virginia Mason Franciscan Health  
Seattle, Wash.

## VIRGINIA MASON FRANCISCAN HEALTH FACULTY

### **Pierre E. Blais, MD**

Gastroenterology

### **Joleen M. Buckley, PT, DPT**

Physical Therapy

### **Melissa C. Carlson, PT**

Physical Therapy

### **Felicia P. Cummings, MD**

Radiology

### **Will Fuller, MD**

Urology

### **Jenny A. Kaplan, MD, MAS**

Colon and Rectal Surgery

### **Megan Loring, MD**

Gynecology

### **Alvaro Lucioni, MD, FPMRS**

Urology

### **Diana McFarlane, PA-C**

Gastroenterology

### **Ravi Moonka, MD**

Colon and Rectal Surgery

### **Ksenija B. Stefanovic, MD, PhD**

Urology

Virginia Mason Continuing Medical Education

# Multidisciplinary Pelvic Health

Presented by the Pelvic Floor Center at Virginia Mason Franciscan Health

The Multidisciplinary Pelvic Health conference will broadly be structured into prolapse, incontinence, and non-anatomic disorders, with a focus on diagnostic investigation and both surgical and non-surgical management options. Case discussions between plenary speakers will be utilized to help anchor the clinical points and the nuances of interdisciplinary care. The course will review important national standards for testing and diagnosis including important screening that can be done by non-specialty providers, current evidence on best surgical and non-surgical care, and clinical trials and initiatives at Virginia Mason Franciscan Health. The interactive discussions amongst the faculty and the audience will also serve to illustrate the level of quaternary subspecialty care we offer at the Pelvic Floor Center.

Teaching methods include lecture, Q&A with faculty, case presentation and panel discussions.

**TARGET AUDIENCE:** This course is designed for clinicians practicing general and primary care, internal medicine, gastroenterology, geriatrics, gynecology and urology.

## OBJECTIVES

- Discuss the benefits of multi-compartment evaluation and treatment
- Review the evaluation and treatment of overactive bladder
- Explain contemporary evaluation and medical/surgical treatment of fecal incontinence
- Summarize the VMFH treatment approaches implemented in pelvic floor physical therapy
- Outline the basic steps and findings of standard pelvic floor functional testing, and explain the purpose of an evacuation performed under real-time fluoroscopic observation
- Describe the evaluation and initial management of female sexual dysfunction
- Discuss management algorithm for symptomatic uterine fibroids
- Identify the approach and options in male incontinence
- Explain algorithmic approach to urinary tract infections
- Review surgical considerations for pelvic floor fistula repair
- Recommend options for patients with bladder prolapse
- Discuss how to personalize vaginal prolapse repair
- Review contemporary evaluation and treatment of rectal prolapse
- Summarize risks and benefits of mesh use in pelvic floor repair



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CREDIT DESIGNATION:** The Virginia Mason Medical Center designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# Agenda

- 7:30 a.m.**    **GRAND ROUNDS PRESENTATION**  
**Multidisciplinary Repair of the Pelvic Floor** | Jenny Kaplan, MD
- 8:30 a.m.**    *Break*
- 8:45 a.m.**    **Opening Remarks** | Una Lee, MD and Vlad Simianu, MD
- 8:50 a.m.**    **Stress Urinary Incontinence** | Una Lee, MD
- 9:00 a.m.**    **Overactive Bladder** | Alvaro Lucioni, MD
- 9:10 a.m.**    **Fecal Incontinence** | Vlad Simianu, MD
- 9:20 a.m.**    **Dyssynergic Defecation** | Diana McFarlane, PA-C
- 9:30 a.m.**    **What Happens During Pelvic Floor Physical Therapy?**  
Joleen Buckley, PT and Melissa Carlson, PT
- 9:40 a.m.**    **Crash Course in Pelvic Floor Testing**  
Pierre Blais, MD, Felicia Cummings, MD, and Ksenija Stefanovic, MD
- 9:55 a.m.**    **CASE DISCUSSION**  
**Individualizing Treatment for Bladder and Bowel Incontinence**
- 10:15 a.m.**    *Break*
- 10:30 a.m.**    **Sexual Dysfunction** | Ksenija Stefanovic, MD
- 10:40 a.m.**    **Endometriosis** | Megan Loring, MD
- 10:50 a.m.**    **Recurrent Urinary Tract Infection** | Ksenija Stefanovic, MD
- 11:00 a.m.**    **Interdisciplinary Approach to Fistula** | Will Fuller, MD
- 11:10 a.m.**    **Fibroids** | Megan Loring, MD
- 11:20 a.m.**    **Male Urinary Incontinence** | Will Fuller, MD
- 11:30 a.m.**    **CASE DISCUSSION**  
**Patient-Centered Care and Pelvic Floor Reconstruction**
- 12:00 p.m.**    *Lunch Break*
- 1:00 p.m.**    **Bladder Prolapse and Rectocele** | Alvaro Lucioni, MD
- 1:10 p.m.**    **Vaginal and Uterine Prolapse** | Una Lee, MD
- 1:20 p.m.**    **Rectal Prolapse** | Ravi Moonka, MD
- 1:30 p.m.**    **Mesh: What Providers Need to Know** | Una Lee, MD
- 1:45 p.m.**    **CASE DISCUSSION**  
**Multidisciplinary Evaluation and Treatment**
- 2:15 p.m.**    *Adjourn*



**This course will be held via livestream presentation.**

For information, contact the CME Department at **206-341-0142** or email [cme@virginiamason.org](mailto:cme@virginiamason.org).

# Registration

To register, complete the form below and send via:



**Mail:**

Virginia Mason CME Dept.  
1 100 Ninth Ave, D3-CME  
Seattle, WA 98101



**Phone:** 206-341-0142



**Fax:** 206-341-1480



**E-mail:** [cme@virginiamason.org](mailto:cme@virginiamason.org)  
web: [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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## Multidisciplinary Pelvic Health

*Please print clearly*

NAME:

DEGREE / CREDENTIALS:

SPECIALTY:

ORGANIZATION:

ADDRESS:

CITY / STATE / ZIP:

PHONE:

E-MAIL:

Please provide one question for the faculty: \_\_\_\_\_

**TUITION:** \$135

- Check enclosed. Make check payable to VMMC – CME  
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