



Continuing Medical Education

Moving Forward with Movement Disorders

Friday, March 10, 2023

Presented at Virginia Mason Medical Center, Seattle,
and online via livestream



Faculty

COURSE DIRECTORS

Farrokh R. Farrokhi, MD

Neurosurgery
Virginia Mason Franciscan Health
Seattle, Wash.

Maria T. Marsans, PA-C

Neurosurgery
Program Director, DBS Program
Virginia Mason Franciscan Health
Seattle, Wash.

GUEST FACULTY

Pinky Agarwal, MD, FAAN

Neurology
Booth Gardner Parkinson's Care Center, EvergreenHealth
Kirkland, Wash.

Graham A. Glass, MD

Neurology & Sleep Medicine
Peak Neurology and Sleep Medicine
Anchorage, Alsk.

Susie I. Ro, MD

Neurology
Puget Sound Neurology
Tacoma, Wash.

Tony R. Wang, MD

Neurosurgery
Swedish Neuroscience Institute
Seattle, Wash.

VIRGINIA MASON FACULTY

Laurel I. Beck, PT

Physical Therapy

Kelly Cornett-Gomes, PsyD, ABN, FACPN

Neuropsychology

John W. Roberts, MD

Neurology

Sindhu R. Srivatsal, MD

Neurology

Rochelle L. Winnett, PhD, ABPP(Rp)

Neuropsychology

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Moving Forward with Movement Disorders

Moving Forward with Movement Disorders is a half-day course designed to inform and update primary care clinicians and general neurologists on the latest options and best practices for these challenging diseases, including evidence for improved outcomes when a movement disorder specialist is involved early on in treatment. With a focus on Parkinson's Disease (PD), we will present an overview that will address gastrointestinal issues specific to these patients, contributors to fatigue, new medications and the workup and management of dysautonomia. We will also describe the elements and goals of the Parkinson's Disease Wellness Program.

Dr. Farrokh Farrokhi, neurosurgeon at Virginia Mason, will provide an overview of the surgical treatment options for movement disorders, addressing the gap between good candidates and accessibility. The course will conclude with discussions on Deep Brain Stimulation (DBS), non-PD movement disorders and focused ultrasound for tremor.

Teaching methods include lecture and Q&A with faculty.

TARGET AUDIENCE:

This course is appropriate for clinicians in primary care or neurology.

OBJECTIVES:

- Discuss the contributors to fatigue and sleepiness in Parkinson's Disease
- Identify gastrointestinal issues in Parkinson's Disease
- Elucidate the role of medication management in advanced vs early Parkinson's Disease
- Describe the elements and goals of the Parkinson's Disease Wellness Program
- Summarize the established and FDA approved surgical treatment options for movement disorders
- Identify two neuropsychological findings that would be contraindications for proceeding with Deep Brain Stimulation (DBS)
- Recite the patient's responsibility after being implanted with DBS
- Discuss tremor disorders associated with multiple sclerosis
- Review workup and management of dysautonomia in Parkinson's Disease
- Describe the advantages and limitations of focused ultrasound compared to other movement disorder interventions



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **3.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Agenda

- 7:00 a.m.** *Registration opens, complimentary coffee*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION:
Parkinson's Related Sleep Disorders**
Graham Glass, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Opening Remarks/Overview**
- 9:00 a.m.** **GI Issues in Parkinson's Disease**
Pinky Agarwal, MD
- 9:20 a.m.** **New Medications in Parkinson's Disease**
Sindhu Srivastal, MD
- 9:40 a.m.** **PD Wellness: Does Early Multidisciplinary Care Work?**
Laurel Beck, PT
- 10:00 a.m.** **Overview of Surgical Treatments for Movement Disorders**
Farrokh Farrokhi, MD
- 10:20 a.m.** *Break*
- 10:30 a.m.** **The Role of Neuropsychological Assessment in Parkinson's Disease and
Deep Brain Stimulation Evaluation Candidacy**
Rochelle Winnett, PhD and Kelly Cornett-Gomes, PsyD
- 10:50 a.m.** **Considerations for Living with Deep Brain Stimulation**
Maria Marsans, PA-C
- 11:35 a.m.** **Panel: Multidisciplinary Case Conference**
- 11:05 a.m.** **Deep Brain Stimulation for Multiple Sclerosis Associated Tremor**
Johns Roberts, MD
- 11:25 a.m.** **Dysautonomia in Parkinson Disease**
Susie Ro, MD
- 11:45 a.m.** **Focused Ultrasound for Tremor**
Tony Wang, MD
- 12:00 p.m.** **Closing Remarks/Adjourn**

LOCATION: This course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two.



This course will also be livestreamed.

For more information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1 100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@viriniamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME: _____ DEGREE / CREDENTIALS: _____

SPECIALTY: _____

ORGANIZATION: _____

ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Please provide one question for the faculty: _____

TUITION: \$95

Check enclosed. Make check payable to VMMC – CME

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER: _____ EXP: _____

CARDHOLDER NAME: _____

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