

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

LGBTQI+ Care for the Primary Care Provider

Friday, October 30, 2020

Presented online via livestream



Virginia Mason

LGBTQI+ Care for the Primary Care Provider

Clinicians require specialized education to deliver safe care to an LGBTQI+ patient. While medical schools and residencies added education on care of the diverse LGBTQI+ patient population to their curriculums, many healthcare providers outside of training programs have had little to no exposure to knowledge about critical topics in the care of this population. A growing body of literature highlights the critical need for education showing significant differences both in treatments offered to LGBTQI+ patients and differences in incidence and prevalence of many medical conditions, including substance use, depression, body dysmorphia, and suicide.

This course seeks to provide participants with knowledge on specific aspects of care for the gay, lesbian, bisexual, intersex, and transgender population. Such information includes knowledge of the epidemiology of diseases that afflict these populations, details on medical and surgical treatments for transgender patients, learning how to take a sexual history, and a focus on mental health in LGBTQ patients. We will also provide sessions on taking a sexual history and improving verbal communication with LGBTQI+ patients. The intention is to highlight practice improvement which incorporates critical change elements of use across specialty and group.

Teaching methods include lecture, Q&A with faculty, panel discussions, case presentations, and voice of the patient.

TARGET AUDIENCE:

This course is appropriate for primary and specialty care physicians, psychiatry and endocrinology. This course will also be of interest to physician assistants, nurse practitioners, and other mid-level providers.

COURSE OBJECTIVES:

- Discuss risks and benefits of hormone therapy and address the role of the mental health evaluation
- Address risks and benefits of facial plastic surgery in transgender populations
- Review differences in disease prevalence and incidence in transgender populations, including risk of mental health disorders and cardiovascular disease
- Discuss barriers to transgender medical care from the patient's perspective, including insurance considerations
- Identify common challenges in verbal communication for providers with LGBTQI+ patients
- Discuss research behind Pre-exposure Prophylaxis (PrEP) and frequency of follow-up and testing considerations for sexually-transmitted infections
- Identify trends in STIs (especially among the LGBTQI+ community) and therapies — especially in light of developing resistance
- Address challenges in taking a thorough sexual history in patients in the primary care setting

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Faculty

COURSE DIRECTORS

Amish J. Dave, MD, MPH

Rheumatologist
Virginia Mason Medical Center
Seattle, Wash.

Laura Webster, D Bioethics, RN, HEC-C

Bioethics Program Director
Inpatient Behavioral Health
Virginia Mason Medical Center
Seattle, Wash.

VIRGINIA MASON FACULTY

Robert E. Geise, MD

Infectious Disease

Carrie A. Horwitch MD, MPH

General Internal Medicine

Camille I. Johnson, MD, MBA

General Internal Medicine

Janet H. Leung, MD

Endocrinologist

Joshua Lumsden, PA-C, MCHS, MA

Adult Primary Care

Michael J. Nuara, MD

Otolaryngologist – Facial Plastic Surgeon



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **7.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). **Determination of credit is pending.**

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

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Agenda

- 7:30 a.m. **GRAND ROUNDS PRESENTATION:**
Update on Medical Therapy for Transgender Patients
Janet Leung, MD
- 8:30 a.m. *Break*
- 8:45 a.m. **Introduction/Overview**
- 9:00 a.m. **Surgical Management of the Transgender Patient**
Michael Nuara, MD
- 10:00 a.m. **Primary Care of the Transgender Patient**
Camille Johnson, MD
- 11:00 a.m. *Break*
- 11:15 a.m. **Panel Discussion with LGBTQI+ Patients**
Moderator: Amish Dave, MD
- 12:15 p.m. **WORKING LUNCH:**
Ethical Issues and Improving Verbal Communication with LGBTQI+ Populations
Laura Webster, D.Be, RN
- 1:15 p.m. **Pre-exposure Prophylaxis (PrEP) to Prevent HIV Transmission**
Joshua Lumsden, PA
- 2:00 p.m. **Update on HIV and STI Care**
Robert Geise, MD
- 3:00 p.m. **Taking a Sexual History**
Carrie Horwitch, MD
- 4:00 p.m. **Closing Remarks/Adjourn**
Amish Dave, MD and Laura Webster, D.Be, RN



The course will be held via livestream presentation. For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Registration

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 Ninth Ave, D3-CME
Seattle, WA 98101



PHONE: 206-341-0142



FAX: 206-341-1480



E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: _____

PAYMENT

Tuition: \$185

- Check enclosed. Make check payable to Virginia Mason CME.
 Please charge my: VISA MasterCard American Express Discover

CARD NUMBER

EXPIRATION DATE

CARDHOLDER NAME

SIGNATURE

- Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.