

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

The 8th Virginia Mason Update in Inflammatory Bowel Disease

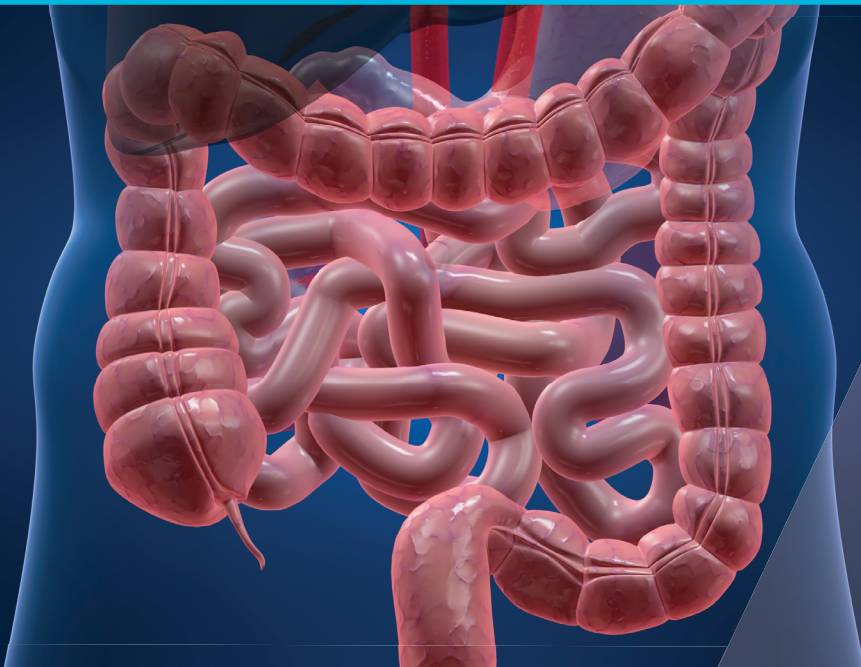
Friday, March 20, 2020

Virginia Mason Hospital and Seattle Medical Center

Videoconference also available in Yakima

PRESENTED BY

The Digestive Disease Institute at Virginia Mason



Virginia Mason

Faculty

COURSE DIRECTORS

Michael Chiorean, MD, AGAF, FASGE

Program Director, Inflammatory Bowel Disease Center of Excellence
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

Timothy Zisman, MD, MPH

Gastroenterologist, Inflammatory Bowel Disease Center of Excellence
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

KEYNOTE SPEAKER

Sunanda V. Kane, MD

Professor of Medicine, Division of Gastroenterology and Hepatology
Mayo Clinic, Rochester, Minn.
Past President, American College of Gastroenterology (ACG)

FACULTY

Elisa Boden, MD

Gastroenterologist
Inflammatory Bowel Disease Center of Excellence
Digestive Disease Institute at Virginia Mason
Research Assistant, Benaroya Research Institute, Seattle, Wash.

Jenny A. Kaplan, MD MAS

Colorectal Surgeon
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

Steven C. Lin, MD

Gastroenterologist
Kaiser Permanente NW, Seattle, Wash.

James Lord, MD, PhD

Gastroenterologist
Inflammatory Bowel Disease Center of Excellence
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

Nina Saxena, MD

Gastroenterologist
Kaiser Permanente NW, Seattle, Wash.

Vlad V. Simianu, MD MPH

Colorectal Surgeon
Digestive Disease Institute at Virginia Mason, Seattle, Wash.

Vivian Stone, MD

Rheumatologist
Virginia Mason, Seattle, Wash.

David L. Suskind, MD

Pediatric Gastroenterologist
Professor of Medicine
Director of Quality of Improvement, Division of Gastroenterology
University of Washington, Seattle, Wash.

The 8th Virginia Mason Update in Inflammatory Bowel Disease

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The 8th Update in Inflammatory Bowel Disease course will review new and forthcoming medical and surgical therapeutic approaches in IBD and its associated manifestations, as well as their impact on the current management of these conditions. The therapeutic landscape in IBD continues to evolve, resulting in rapid and dramatic changes to therapeutic algorithms and disease monitoring. The course will review the impact of positioning new therapeutics, optimization of medical therapy, disease management in the perioperative period, extraintestinal manifestations, dietary, nonpharmacologic therapies and multi-disciplinary approaches to complex clinical scenarios including strictures. It will also cover novel therapies including the advent of small molecules and their impact in the management of IBD patients. Teaching methods include lecture/didactic, Q&A with faculty, panel discussion, case presentation and audience response system.

TARGET AUDIENCE: This course is appropriate for physicians in internal medicine, gastroenterology, pediatric gastroenterology, general surgery, colorectal surgery, obstetrics, immunology, radiology and hospital medicine. This course is also appropriate for residents and clinicians with an interest in inflammatory bowel disease.

OBJECTIVES: At the conclusion of this activity, participants should be able to:

- Name other conditions that mimic IBD
- Assess the evidence supporting mucosal healing as a goal of treatment in IBD
- Question the clinical benefit of mucosal healing versus symptomatic and biologic disease control
- Review technical and clinical aspects of endoscopic approaches to Crohn's related strictures
- Discuss pros and cons of surgical and non-surgical approaches to Crohn's disease strictures
- Review small molecule agents under development for IBD
- Assess the safety of immunomodulators (IMM) in the perioperative period
- Discuss rheumatological manifestations in patients with IBD
- Evaluate and consider different approaches to IBD complications based on case presentations
- Review current IBD clinical trials at Virginia Mason
- Discuss clinical and QOL implications of colon-sparing surgical interventions in ulcerative colitis (UC) patients with neoplasia
- Review surgical outcomes following proctocolectomy for UC with or without neoplasia
- Describe practical aspects of therapeutic optimization including disease monitoring and treat to target
- Consider the evidence of individualized therapy using new biologic drugs
- Evaluate the role of dietary and nonpharmacological management in IBD



Accreditation with Commendation: Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility

Agenda

- 7:00 a.m. *Registration opens, breakfast selection available*
- 7:30 a.m. **Grand Rounds Presentation: IBD for the Non-Gastroenterologist**
Sunanda Kane, MD
- 8:30 a.m. *Break*
- 8:45 a.m. **Introduction, Overview of Course Objectives** | Michael Chiorean, MD
- 8:50 a.m. **Debate: Mucosal Healing Should be the Goal of IBD Therapy**
Michael Chiorean, MD
- 9:15 a.m. **Debate: Symptom Control Should Be the Goal of IBD Therapy**
James Lord, MD, PhD
- 9:40 a.m. **Medical and Endoscopic Management of Strictures in Crohn's**
Timothy Zisman, MD
- 10:10 a.m. **Resection or Strictureplasty for CD Strictures** | Jenny Kaplan, MD
- 10:30 a.m. *Break*
- 10:50 a.m. **You Don't Know JAK: A Return to Oral Therapies for IBD**
James Lord, MD, PhD
- 11:20 a.m. **Management of IBD Drugs in the Perioperative Period** | Elisa Boden, MD
- 11:45 a.m. **When IBD and Arthritis Diverge: The View of the Rheumatologist**
Vivian Stone, MD
- 12:15 p.m. *Lunch Break with Experts (provided)*
- 1:00 p.m. **Case Presentations:** Elisa Boden, MD; Michael Chiorean, MD; Steven Lin, MD;
James Lord, MD, PhD; Nina Saxena, MD and Timothy Zisman, MD
- 1:50 p.m. **IBD Clinical Trials at Virginia Mason** | Michael Chiorean, MD
- 2:10 p.m. **Debate: Segmental Colectomy is Safe in Ulcerative Colitis Patients**
Timothy Zisman, MD
- 2:30 p.m. **Debate: Only Proctocolectomy is Safe in Ulcerative Colitis Patients**
Vlad V. Simianu, MD
- 2:50 p.m. **Treatment Optimization in IBD** | Michael Chiorean, MD
- 3:15 p.m. **Vedolizumab and Ustekinumab Use in IBD: Are They Always One Size Fits All?** | Nina Saxena, MD
- 3:40 p.m. **Beyond Pharmacology: Diet and the Microbiome in IBD**
David Suskind, MD
- 4:00 p.m. **Final Q&A and Adjourn**

to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nursing Contact Hours: Virginia Mason is a provider of nursing continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider #CEP15905 for 7.0 Contact Hours (7.0 clock hours), March 20, 2020.

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Yakima Videoconference Site: Virginia Mason Memorial Auditorium, 2811 Tieton Dr., Yakima, WA 98902.

Registration

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 Ninth Ave, D3-CME
Seattle, WA 98101



PHONE: 206-341-0142



FAX: 206-341-1480



E-MAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Virginia Mason

Yakima Videoconference Site: Save the drive and participate via videoconference at Virginia Mason Memorial Auditorium, 2811 Tieton Dr., Yakima, WA 98902. Lunch and refreshments provided.

Please print clearly

NAME _____ DEGREE/CREDENTIALS _____

SPECIALTY _____

ORGANIZATION _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____ E-MAIL _____

Please provide one question for the faculty: _____

TUITION

- \$195 – I will attend the live conference in Seattle
- \$195 – I will attend the live videoconference in Yakima
Residents/Fellows: Contact the CME Department for pricing information
- Check enclosed. Make check payable to VMCC – CME
- Please charge my: VISA MasterCard American Express Discover

CARD NUMBER _____ EXPIRATION DATE _____

CARDHOLDER NAME _____ SIGNATURE _____

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.