**Virginia Mason Continuing Medical Education** 

# Health Equity and Diversity:

How to Get to Where We Need to Go

Friday, November 12, 2021 Seattle, Washington

Presented online via livestream





# **Faculty**

#### COURSE DIRECTORS

#### Amish J. Dave, MD, MPH

Rheumatologist

Virginia Mason Franciscan Health, Seattle, Wash.

#### Nkeiruka Duze, MD, FACP

Primary Care Concierge Medicine

Virginia Mason Franciscan Health, Bellevue, Wash.

#### Carrie A. Horwitch, MD, MPH, MACP

Internal Medicine

Virginia Mason Franciscan Health, Seattle, Wash

#### **FACULTY**

#### Hana Akselrod, MD, MPH

Assistant Professor of Medicine, Division of Infectious Diseases
The George Washington University School of Medicine and Health Sciences,
COVID-19 Response Lead, GWU Medical Faculty Associates, Washington, DC

#### Nwando Anyaoku, MD, MPH, MBA

Chief Health Equity Officer

Swedish Health Services, Seattle, Wash.

#### Benjamin S. Danielson, MD

Clinical Professor of Pediatrics

University of Washington, Seattle, Wash.

#### Edwin G. Lindo, JD

Assistant Dean for Social & Health Justice, Acting Assistant Professor University of Washington, Seattle, Wash.

#### Esther Lucero, MPP

President & Chief Executive Offi cer

Seattle Indian Health Board, Seattle, Wash.

#### Peter Mann-King

Program Manager, LGBTQI+ Program

Swedish Health Services, Seattle, Wash.

#### **Mattie Mooney**

Senior Program Coordinator, Transgender Health

Swedish Health Services, Seattle, Wash.

#### Darryl J. Perry

Supervisor, Patient Finance Services

Virginia Mason Franciscan Health, Seattle, Wash.

#### Donna L. Smith. MD. MBA

President, Franciscan Medical Group

Virginia Mason Franciscan Health, Seattle, Wash.

#### Kevin S. Wang, MD

Faculty, Swedish Family Medicine Residency Program – First Hill

Medical Director, Swedish LGBTQI+ Initiative

Swedish Family Medicine, Seattle, Wash.

#### Laura Webster, D.Bioethics, RN, HEC-C

Bioethics Program Director, Inpatient Behavioral Health

Virginia Mason Franciscan Health, Seattle, Wash.

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# Health Equity and Diversity: How to Get to Where We Need to Go

Current news and literature often reference systemic racism, bias and a lack of health equity in the community. This course is designed to address these topics and more within the context of the health care setting. We will explore conscious versus unconscious bias and how it affects the health of patients and clinicians as well as cultural and racial barriers to health care. We will also present tools and programs that can be incorporated into practice to ameliorate inequities in the clinic or workplace.

Teaching methods include lecture, panel discussion and Q&A with faculty.

#### TARGET AUDIENCE

This course is appropriate for all clinicians.

#### **OBJECTIVES**

- Identify ways to intervene on the pervasiveness of racism and bias in our work
- Discuss ways in which mentorship can play a significant role in retention and development of diverse leadership
- Utilize equity-based decision-making tools to address unconscious bias
- Assess how gender bias in healthcare leads to outcome disparities in women of color
- Identify two data fields/sources that are important to understand when addressing health inequities the LGBTQI+ patient population face
- Evaluate community, healthcare, and local government response to COVID-19 through the lens of health equity
- Identify the application of implicit and explicit bias in administrative and medical decision-making



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CREDIT DESIGNATION:** The Virginia Mason Medical Center designates this live activity for a maximum of *7.0 AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Agenda**

7:30 a.m. GRAND ROUNDS PRESENTATION

Talking the Same Talk: Definitions of Diversity, Health Equity, Health

Equality, Racism, Stigma, Intersectionality

Edwin Lindo, JD

8:30 a.m. Break

8:40 a.m. Opening Remarks

Nkeiruka Duze, MD

8:45 a.m. Mentoring and Training of Leaders to Improve Diversity

Nwando Anyaoku, MD

9:45 a.m. Unconscious Bias in the Care of Patients

Benjamin Danielson, MD

10:45 a.m. Break

11:00 a.m. PANEL

How Do We Get to Where We Want to Go in Achieving Health Equity?

Moderator: Carrie Horwitch, MD

Panel: Benjamin Danielson, MD; Darryl Perry, Donna Smith, MD

and Esther Lucero, MPP

12:00 p.m. Sexism in Health Care: Outcome Differences in Women of Color

Nkeiruka Duze, MD

12:30 p.m. Lunch Break

1:00 p.m. Swedish's Journey: LGBTQI+ Idea to Program

Peter Mann-King, Mattie Mooney and Kevin Wang, MD

1:45 p.m. Pandemics of Inequity: Trust, Memory, and Response to COVID-19

Hana Akselrod. MD

2:30 p.m. *Break* 

2:45 p.m. Considering Intersectionality With Social Determinants of Health

Amish Dave, MD and Laura Webster, RN

3:30 p.m. Final Questions and Closing Remarks

Amish Dave, MD

**3:45 p.m.** *Adjourn* 



#### This course will be held via livestream presentation.

For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

## Registration

To register, complete the form below and send via:



#### Mail:

Please print clearly

at Virginia Mason.

Virginia Mason CME Dept. 1100 Ninth Ave, D3-CME Seattle, WA 98101



**Phone:** 206-341-0142



Fax: 206-341-1480



**E-mail:** cme@virginiamason.org web: VirginiaMasonCME.org

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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# **Health Equity and Diversity**

NAME: DEGREE / CREDENTIALS: SPECIALTY: ORGANIZATION: ADDRESS: CITY / STATE / ZIP: PHONE: E-MAIL: Please provide one question for the faculty: **TUITION: \$175** ○ Check enclosed. Make check payable to VMMC – CME O Please charge my: O VISA O MasterCard O American Express O Discover CARD NUMBER: EXP: CARDHOLDER NAME: SIGNATURE: Please add me to your e-mail list for news of upcoming CME courses

