

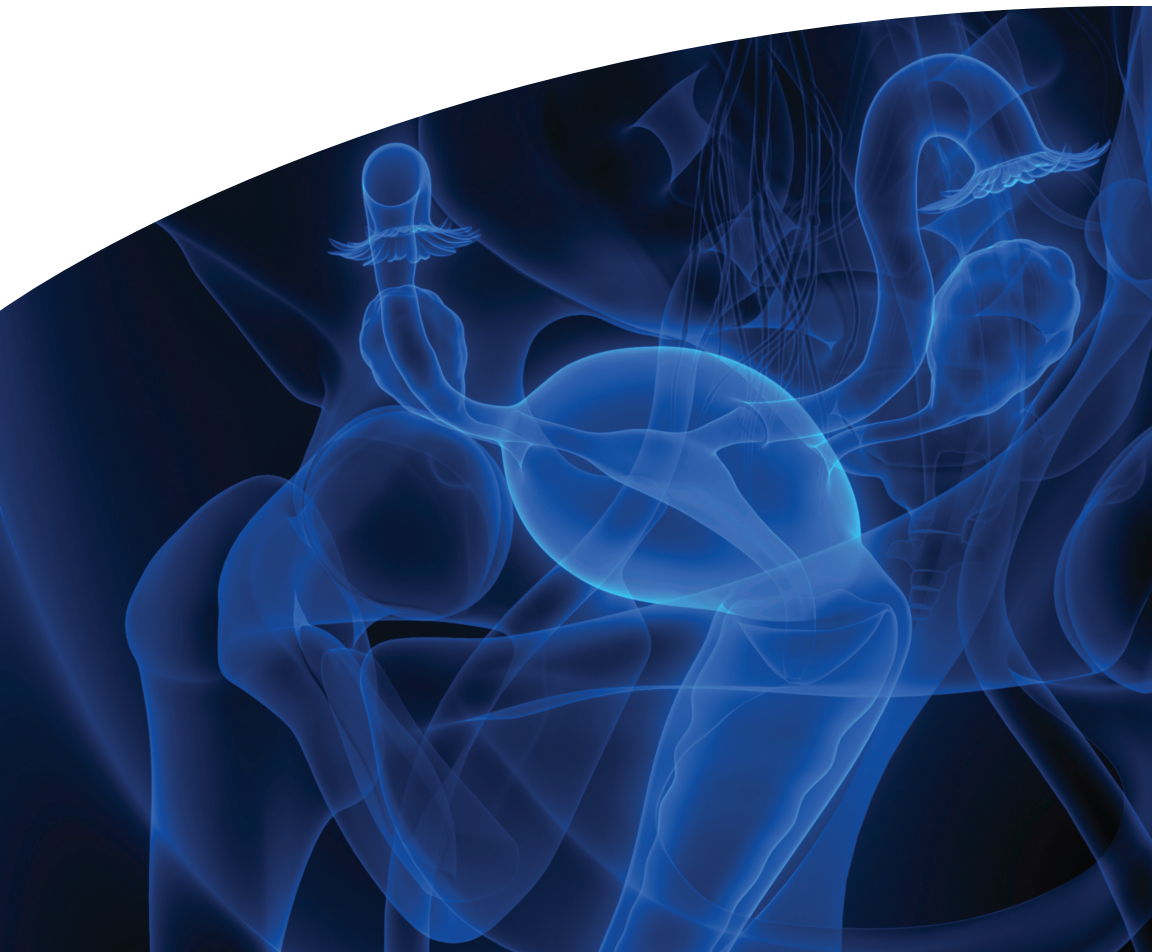


Continuing Medical Education

Updates in Complex Gynecology and Minimally Invasive Surgery

Friday, May 12, 2023

Presented at Virginia Mason Medical Center, Seattle,
and online via livestream



Faculty

COURSE DIRECTORS

Elena M. Wagner, MD

Minimally Invasive Gynecologic Surgery
Virginia Mason Franciscan Health
Seattle, Wash.

Megan I. Loring, MD

Minimally Invasive Gynecologic Surgery
Virginia Mason Franciscan Health
Seattle, Wash.

GUEST FACULTY

Darcy E. Broughton, MD, FACOG

Reproductive Endocrinology
Pacific NW Fertility and IVF Specialists
Seattle, Wash.

Julie D. Lamb, MD, FACOG

Reproductive Endocrinology and Infertility
Pacific NW Fertility and IVF Specialists
Clinical Faculty, University of Washington, Dept of ObGYN
Seattle, Wash.

VIRGINIA MASON FACULTY

Allison M. Barrie, MD

Gynecologic Oncology

Amy D. Brockmeyer, MD

Gynecologic Oncology

Melissa C. Carlson, PT

Physical Therapy

Marisa Dahlman, MD, MPH

Gynecology

Michelle A. Gruttadauria, MD

Gynecology

Jennifer D. Kelly, PsyD

Rehab Psychology

Christine L. Oryhan, MD

Anesthesiology

Angela Qu, DO

Minimally Invasive Gynecologic Surgery Fellow

Continuing Medical Education

Updates in Complex Gynecology and Minimally Invasive Surgery

Updates in Complex Gynecology and Minimally Invasive Surgery will present advances in the management of common gynecologic conditions including both benign and malignant diagnoses. Topics include fertility preservation, polycystic ovarian syndrome (PCOS), new technology in MIS Gynecology, trauma informed and gender affirming care and pelvic pain/endometriosis. There will be a particular focus on uterine-sparing or fertility-sparing treatments, as well as talks highlighting innovative procedures in both the office and operating room.

We will also update clinicians on the latest evidence in perioperative care and outcomes using the Enhanced Recovery After Surgery (ERAS) pathway framework. Lastly, we hope to provide a lively discussion on how we, as providers, can combat burnout.

Teaching methods will be in a lecture format.

TARGET AUDIENCE: This course is appropriate for OB/GYN and primary care clinicians. This course will also be of interest to physician assistants, nurse practitioners and other mid-level providers.

OBJECTIVES:

- Summarize factors that contribute to disparities in access to minimally invasive gynecologic surgery for benign pathology
- Describe indications for egg or embryo banking and define the process, benefits, and drawbacks of fertility preservation options
- Discuss evidence-based treatment options for Polycystic Ovarian Syndrome (PCOS) patients
- Review the Enhanced Recovery After Surgery (ERAS) pathway
- Identify risk reducing techniques in patients with hereditary gynecologic cancer syndromes
- Demonstrate how multidisciplinary providers collaborate to diagnose and treat pelvic pain in an individualized way
- Describe the laparoscopic approach for hysterectomy in cases of a large uterus
- Recognize the signs and symptoms of trauma in patients
- Point out the benefits of vNotes approach to hysterectomy over both laparoscopy and traditional vaginal surgical approaches
- Describe implementation and utilization of office hysteroscopy for common gynecological conditions
- Review currently available non-surgical management options of uterine fibroids
- Identify the contributors to burnout that may be in our sphere of influence

LOCATION: This course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two.



This course will also be livestreamed.

For more information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Agenda

- 7:00 a.m.** *Registration opens, complimentary coffee*
- 7:30 a.m.** **GRAND ROUNDS PRESENTATION:**
Disparities in Access to Minimally Invasive Gynecologic Surgery
Elena Wagner, MD
- 8:30 a.m.** *Break*
- 8:45 a.m.** **Opening Remarks/Overview** | Megan Loring, MD & Elena Wagner, MD
- 9:00 a.m.** **The Modern Family: How to Talk to Your Patients About Fertility Preservation** | Julie Lamb, MD
- 9:30 a.m.** **Polycystic Ovarian Syndrome: Updates on Management of a Chronic Disease** | Darcy Broughton, MD
- 10:00 a.m.** **Infertility Q&A/Discussion** | Darcy Broughton, MD & Julie Lamb, MD
- 10:20 a.m.** *Break*
- 10:30 a.m.** **Enhanced Recovery After Surgery (ERAS) and Same-Day Discharge**
Amy Brockmeyer, MD
- 11:00 a.m.** **Cancer Genetics** | Allison Barrie, MD
- 11:30 a.m.** **PANEL: Multidisciplinary Pelvic Pain**
Megan Loring, MD, Christine Oryhan, MD, Jennifer Kelly, PsyD & Melissa Carlson, PT
- 12:15 p.m.** *Lunch and surgical video viewing*
- 1:00 p.m.** **Laparoscopic Approach to the Large Uterus or MRI in Benign Gynecology**
Marisa Dahlman, MD
- 1:30 p.m.** **Gender Affirming and Trauma-Informed Care** | Michelle Gruttadauria, MD
- 2:00 p.m.** **vNotes Surgical Approaches** | Elena Wagner, MD
- 2:30 p.m.** *Break*
- 2:45 p.m.** **Office and Operative Hysteroscopy** | Megan Loring, MD
- 3:15 p.m.** **Uterine Sparing Treatments for Uterine Fibroids** | Angela Qu, MD
- 3:45 p.m.** **Physician/Advanced Practice Providers (APP) Burnout**
Amy Brockmeyer, MD
- 4:15 p.m.** **Panel Discussion/Q&A/Brainstorm**
- 4:30 p.m.** *Adjourn*



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1 100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@virginiamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME: _____ DEGREE / CREDENTIALS: _____

SPECIALTY: _____

ORGANIZATION: _____

BILLING ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Please provide one question for the faculty: _____

TUITION: \$200 – I will attend in person (includes lunch)
 \$175 – I will attend the livestream

Check enclosed. Make check payable to VMMC – CME
 Please charge my: VISA MasterCard American Express Discover

CARD NUMBER: _____ EXP: _____

CARDHOLDER NAME: _____

SIGNATURE: _____

Please add me to your e-mail list
for news of upcoming CME courses.

