



Continuing Medical Education

Advances in GI and Hepatology for the Primary Care Clinician

Presented by the Center for Digestive Health at Virginia Mason Franciscan Health

Saturday, September 23, 2023

Presented at Virginia Mason Medical Center, Seattle,
and online via livestream



Faculty

COURSE DIRECTORS

Rajesh Krishnamoorthi, MD

Gastroenterology

Virginia Mason Franciscan Health
Seattle, Wash.

Lauren Wancata, MD

General and HPB Surgery

Virginia Mason Franciscan Health
Seattle, Wash.

VIRGINIA MASON FACULTY

Oviea Akpotaire, MD

Gastroenterology

Peter E. Blais, MD

Gastroenterology

Edward Cuaresma, MD

Gastroenterology

Jenny A. Kaplan, MD

Colon and Rectal Surgery

Gautam Mankaney, MD

Gastroenterology

Muaaz Masood, MD, Fellow

Gastroenterology and Hepatology

Sam Rosenfeld, MD, PhD

Gastroenterology

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Advances in GI and Hepatology for the Primary Care Clinician

Presented by the Center for Digestive Health at Virginia Mason Franciscan Health

Join faculty experts from the Center for Digestive Health at Virginia Mason Franciscan Health for this half-day course on the latest evidence-based diagnosis and management strategies for gastrointestinal and liver disorders, designed for clinicians caring for patients in the primary care setting.

Topics will address clinical challenges commonly seen in primary care, including diagnosis and treatment of chronic constipation and pelvic floor dysfunction, liver dysfunction, food allergies and esophageal eosinophilia, advancing therapies for inflammatory bowel disease, treatment and diagnosis of irritable bowel disorder and other functional gastrointestinal diseases, and the role of GI providers in the management of bariatric surgery patients.

Teaching methods include lecture and Q&A with faculty.

TARGET AUDIENCE: This course is appropriate for gastroenterologists and general and family practitioners. This course will also be of interest to physician assistants, nurse practitioners and other mid-level providers.

OBJECTIVES:

- Assess the components of liver function tests and recognize abnormal patterns of liver tests and the associated liver diseases
- Review the epidemiology of H pylori infection in Washington state to identify high risk groups and discuss the indications to test for and treat H pylori infection
- Develop a long-term management plan for esophageal eosinophilia, based on symptoms and etiologies
- Review therapies recently approved for IBD, including the surveillance recommended for and complications related to these therapies
- Summarize the role of GI providers in bariatrics and obesity medicine
- Describe the role of defecography in surgical decision-making for rectoceles
- Evaluate the efficacy of colonoscopy in colorectal cancer surveillance for Lynch syndrome
- Discuss the long-term safety profile of PPI (proton pump inhibitor)



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION: Virginia Mason Medical Center designates this live activity for a maximum of **3.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Agenda

- 7:30 a.m.** *Registration opens, coffee provided*
- 8:00 a.m.** **Welcome and Opening Remarks**
Rajesh Krishnamoorthi, MD
- 8:10 a.m.** **PPI vs TIF: What's the best for my GERD Symptoms?**
Rajesh Krishnamoorthi, MD
- 8:35 a.m.** **Abnormal Liver Tests: A Practical Approach for Clinicians**
Muazz Masood, MD
- 9:00 a.m.** **Treatment of H pylori Infection**
Ed Cuaresma, MD
- 9:25 a.m.** *Break*
- 9:40 a.m.** **Management of Eosinophilia in the Esophagus**
Peter Blais, MD
- 10:05 a.m.** **Advanced Therapies for Treating Moderate to Severe IBD**
Sam Rosenfeld, MD
- 10:30 a.m.** *Break*
- 10:45 a.m.** **Advances in Bariatric Endoscopy**
Oviea Akpotaire, MD
- 11:10 a.m.** **“What Do You Mean, More Tests?” How Pelvic Floor Testing Informs Treatment Decisions**
Jenny Kaplan, MD
- 11:35 a.m.** **Endoscopic Surveillance in Lynch Syndrome**
Gautam Mankaney, MD
- 12:00 p.m.** **Closing Remarks**
Lauren Wancata, MD
- Adjourn*

LOCATION: This course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two.



This course will also be livestreamed.

For more information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

Registration

To register, complete the form below and send via:



Mail:

Virginia Mason CME Dept.
1100 Ninth Ave, D3-CME
Seattle, WA 98101



Phone: 206-341-0142



Fax: 206-341-1480



E-mail: cme@virginiamason.org

Web: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

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Please print clearly

NAME: _____ DEGREE / CREDENTIALS: _____

SPECIALTY: _____

ORGANIZATION: _____

BILLING ADDRESS: _____

CITY / STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Please provide one question for the faculty: _____

TUITION: \$75 – I will attend in person (coffee provided)

\$75 – I will attend the livestream

Check enclosed. Make check payable to VMMC – CME

Please charge my: VISA MasterCard American Express Discover

CARD NUMBER: _____ EXP: _____

CARDHOLDER NAME: _____

SIGNATURE: _____

Please add me to your e-mail list for news of upcoming CME courses.

