

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

# Addiction Medicine in Primary Care

**Friday, June 15, 2018**

Virginia Mason • Seattle, Washington

***PCSS-MAT Buprenorphine Waiver Training***

PRESENTED BY The American Society of Addiction Medicine

**Saturday, June 16, 2018**



## Faculty

### COURSE DIRECTOR:

**Elenore P. Bhatraju, MD, MPH**

Adult Primary Care, Department of Internal Medicine  
Virginia Mason Federal Way Medical Center, Federal Way, Wash.

**Nancy Connolly, MD, MPH**

Adult Primary Care, Department of Internal Medicine  
Virginia Mason Lynnwood Medical Center, Lynnwood, Wash.

**Karina K. Uldall, MD, MPH**

Medical Director, Behavioral Health  
Virginia Mason Seattle Medical Center, Seattle, Wash.

### KEYNOTE SPEAKER:

**Chris Bundy, MD, MPH**

Executive Medical Director, Washington Physicians Health Program  
Clinical Associate Professor of Psychiatry  
University of Washington School of Medicine, Seattle, Wash.

### FACULTY:

**Carol Achtmeyer, MN, ARNP**

Health Services Research/Primary Care  
Veteran's Affairs Puget Sound Medical Center, Seattle, WA

**Brad Finegood, MA, LMHC**

Chief Health Integration Strategist  
King County Department of Community and Human Services (DCHS)  
Behavioral Health and Recovery Division (BHRD), Seattle, Wash.

**Jared W. Klein, MD, MPH**

Assistant Professor, Medicine, University of Washington  
Director, After Care Clinic  
Harborview Medical Center, Seattle, Wash.

**Joseph Merrill, MD, MPH**

Associate Professor, Medicine  
University of Washington School of Medicine  
Adult Medicine, Harborview Medical Center, Seattle, Wash.

**Brian E. Neal, MD**

Psychiatry  
Virginia Mason Seattle Medical Center, Seattle, Wash.

**Emily Sullivan, PharmD, BCACP**

Pharmacy  
Virginia Mason Seattle Medical Center, Seattle, Wash.

**Maria C. Yang, MD**

Medical Director, King County Behavioral Health and Recovery Division  
Psychiatrist, Jail Health Services, King County Correctional Facility  
Seattle, Wash.

## Addiction Medicine in Primary Care

The opioid epidemic continues to be a growing public health burden. Prescription pain medications, heroin, and other illicit opioids are the cause of increasing morbidity and mortality. A large majority of people who use heroin used prescription pain medications for non-medical purposes prior to their heroin use. Primary care providers are on the front lines, and have the opportunity to make a significant impact.

Substance use more broadly, including opioids, alcohol and other drugs, is a population health topic that touches all aspects of medicine. However there is a lack of access to appropriate care for patients with substance use disorders; only approximately 10% of patients with substance use disorders receive appropriate treatment. In the field as a whole there is a lack of education and comfort on these conditions. This gap is also complicated by the intersection of chronic pain and substance use.

Successful interventions will require increased education, as well as collaboration between departments. Understanding of evidence-based primary care interventions is needed to counsel patients around opioid use, management of chronic pain, alcohol use, use of cannabis, and polypharmacy. The aims of this course are twofold: First, to address this gap in expertise and to support our teams in providing appropriate, effective, high quality care for patients with substance use disorders. Second, to address the intersection between treating persistent pain and substance use disorders.

Teaching methods include lectures, case presentation, panel discussion, patient panel, and question and answer with faculty.

**TARGET AUDIENCE:** This course is appropriate for physicians and advanced practice providers in general practice, internal medicine and family care.

**OBJECTIVES:** At the conclusion of this activity, participants should be able to:

- Define intersubjectivity and describe its importance in addiction care
- Gain perspective and empathy for the patient experience
- Recognize the stigma associated with psychiatric conditions in professional and personal settings
- Identify appropriate follow up for risky alcohol use and alcohol use disorders, including brief intervention, medical management and referral
- Discuss chronic pain management with patients in a more comprehensive manner, including non-opioids and non-medication options
- Identify patients with opioid use disorder and feel comfortable discussing treatment
- Review CAM interventions that have applications in substance abuse recovery support and discuss their appropriate use with patients
- Recognize common toxidromes and withdrawal syndromes for emerging substances used to alter sensorium
- Summarize current work in King County to engage people with opiate Use Disorder in treatment and services
- Discuss pragmatic approaches to address smoking cessation
- Describe current trends in stimulant use, including cocaine, methamphetamine and prescription stimulants



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## Friday, June 15

- 7:00 a.m. Registration opens, continental breakfast
- 7:30 a.m. **GRAND ROUNDS PRESENTATION: Setting the Stage: Intersubjectivity and the Experience of Addiction** | Chris Bundy, MD
- 8:30 a.m. Break
- 8:45 a.m. **Opening Remarks**
- 8:50 a.m. **Patient Panel: Experiences in Addiction**
- 9:30 a.m. **Stigma and Its Many Effects on Addiction** | Maria Yang, MD
- 10:00 a.m. Break
- 10:15 a.m. **Management of Alcohol Misuse in Primary Care** | Carol Achtmeyer, ARNP
- 10:45 a.m. **Chronic Pain to Opioid Use Disorder: How do patients get from Point A to Point B?** | Joseph Merrill, MD, MPH
- 11:15 a.m. **Buprenorphine Nuts and Bolts** | Elly Bhatraju, MD
- 11:45 a.m. **Q&A with Faculty**
- 12:00 p.m. **Complementary and Alternative Medicine for Persistent Pain: A brief overview** | Nancy Connolly, MD
- 12:30 p.m. Lunch (box lunch provided) and “CAM Cafe”
- 1:45 p.m. **New and Emerging Substances: Kratom, Synthetic Marijuana and Beyond**  
Jared Klein, MD
- 2:15 p.m. **Current Engagement Strategies for People with Opiate Use Disorders**  
Brad Finegood, MA
- 2:45 p.m. Break
- 3:00 p.m. **Treatment for Tobacco Use Disorder** | Emily Sullivan, PharmD
- 3:30 p.m. **Wake Up! Stimulants!** | Brian Neal, MD
- 4:00 p.m. **Closing Remarks**

## PCSS-MAT Buprenorphine Waiver Training Saturday, June 16

On Saturday at the same location, Virginia Mason will host the American Society of Addiction Medicine’s Buprenorphine Waiver Training course. The course is for providers interested in seeking their waiver to prescribe buprenorphine in office-based treatment of opioid use disorders. The course is split into an online portion and an in-person portion. Attendees are expected to complete the online portion of the course before attending the in-person training. Visit the course page at [VirginiaMasonCME.org](http://VirginiaMasonCME.org) for details.

**ACCME Accreditation Statement:** The American Society of Addiction Medicine (ASAM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**AMA Credit Designation Statements:** The American Society of Addiction Medicine designates this enduring material for a maximum of **3.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Society of Addiction Medicine designates this live activity for a maximum of **4.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Credit Designation:** The Virginia Mason Medical Center designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

To register, complete the form below and send via:



**MAIL:**

Virginia Mason CME Dept.  
1100 9th Ave, D3-CME  
Seattle, WA 98101



**PHONE:** (206) 341-0142



**FAX:** (206) 341-1480



**E-MAIL:** [cme@virginiamason.org](mailto:cme@virginiamason.org)

**WEB:** [VirginiaMasonCME.org](http://VirginiaMasonCME.org)

**Cancellation and Refund Policy:** Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

## Registration



**PLEASE REGISTER ME FOR:**

- Addiction Medicine in Primary Care** (Friday, June 15)  
\$185
- Buprenorphine Waiver Training Presented by The American Society of Addiction Medicine** (Saturday, June 16)  
Complimentary

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: \_\_\_\_\_

- Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

**PAYMENT:**

- Check enclosed. Make check payable to Virginia Mason CME
- Please charge my:  VISA  MasterCard  American Express  Discover

CARD NUMBER

EXPIRATION DATE

CARDHOLDER NAME

SIGNATURE

**Location:** The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two. For information, contact the CME Department at 206-341-0142 or email [cme@virginiamason.org](mailto:cme@virginiamason.org).